

American Legion Family Walkathon

North Haven: The American Legion Family Walkathon will be held on Saturday, April 25 on the North Haven Green at 10am. One-hundred percent of donations goes to Connecticut Children's Hospital in Hartford.

Registration will be at American Legion Post 76, 20 Church Street next to Town Hall, starting at 9am. Come and walk with us for a great cause.

Any questions, please call Wayne Morgan at (203) 387-2305.

Garden Club Meeting On "Are Plants Intelligent? Just What Do They Know?"

Pictured: Refreshment table provided by Sandy Ginter and Katie Fritzel, and table arrangement by Carmen Sealy.

North Haven: The North Haven Garden Club held an open meeting on April 9th with a program exploring "Are plants Intelligent? Just What Do They Know?" with Peter and Barbara Rzasca.

Peter and Barbara are nature photographers with a goal of encouraging people to look closely at the natural world. In 2015 they were presented the Ellen Carder Memorial Award by the Federated Garden Clubs of Connecticut for their horticultural education.



Their presentation took us through many questions about plants, but we all know that plants can't see, hear or feel in the same way humans do. We listened as Peter and Barbara took us through exactly what plants can do - and what they can't. We learned about the role mycorrhiza plays in plant communication and how a plant's cell receptors form the chemical basis for its senses. Plants share many of the same senses that humans possess, but plants can feel, hear, and see in a very different way, they have no brain. I'm sure many of us talk, sing, or play music to our plants and have a very different opinion on this. Without plants there would be no human life. Check out our Facebook page for more slides from the presentation.

Hostesses for the evening were Sandy Ginter and Katie Fritzel and the table arrangement was created by Carmen Sealy.

FUN FACTS- How Plants Communicate:

1. Chemical Signals (Scent): When damaged by insects, plants release volatile organic compounds (VOCs) that act like alarm signals. Nearby plants detect these, and even cross-species, they can prepare defenses.

2. Root Network Signaling: Plants communicate through their roots, releasing Chemicals called root exudates into the soil to interact with neighboring plants and microorganisms

3. Ultrasonic Sounds: Stressed plants, such as those lacking water or having their stems cut, emit high-frequency noises—often described as clicks or pops—that are inaudible to human ears but can be detected by insects and other organisms.

4. article, scientists used special imaging to see plants sending mist-like warnings to each other through the air.

5. Biological Signals: Plants use internal signals like calcium waves, which can be thought of as a form of plant "nervous system" that propagates throughout the plant to react to harm.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net.

Article and photos by Cindy Golia

Veterans Honor Guard Seeking Volunteers

The Veterans Honor Guard of Meriden is looking for Honorable Discharged Veterans, male or female, to volunteer in Veterans Burials. It is a great way to honor your fallen brother or

sister by giving them the honor they deserve.

So, if you can spend a few hours to volunteer, please contact Clark Doehr at (203) 223-3338 or Ray Bednarz at 860-690-5833.

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FOR SALE: 35,000 square foot office/light industrial building on 4.5 acres of land in Concord, Massachusetts. Situated at the end of a cul-de-sac, this property is 15 minutes from Rte. 128 and 20 minutes from Rte. 495. Not only is there town water and sewer but the town of Concord has its own electric company. In addition, Concord has underground Concord fibre optic internet. 7 minutes from historic Concord center, enjoy Walden pond, Louisa May Alcott's house and many other historic sites as we celebrate the 250th anniversary of the United States of America. Use the entire building or keep some of the tenants already occupying the building. Mowing, plowing, and other maintenance already in place could remain. Call with any questions: 978-580-1895.

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Phi Kappa Phi Elects New Members

The following people recently were elected to membership into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines.

Hamden: Ian Hugo, at Southern Connecticut State University; Neesha Melendez, at Southern Connecticut State University.

Wallingford Resident Named to 2026 Athletics Honor Society

The Kutztown University athletics department recognized 48 student-athletes on April 14th as part of a new class of the Pennsylvania Alpha Omega Chapter of Chi Alpha Sigma in the National College Athlete Honor Society, including **Lizzie Brown of Wallingford**. The luncheon recognized those student-athletes who excel in both the classroom and competition.

In order to be inducted into Chi Alpha Sigma, a student-athlete must attend a four-year accredited college or university that is a member of the NCAA, NAIA, USCAA or NCCAA.

DEAN'S LIST

Emerson College

The following students are named to Emerson College's Dean's List for the Fall 2025 semester:

Hamden: Eli Calderone, Audrey Epstein, Parker Fedak.

North Haven: Genevieve Peters.

Wallingford: Maxwell Blumenstock, Meadow Carbone, Lauren Wiedenmann.

Join New Reach for Bingo Night

North Haven: New Reach, a nonprofit organization 501c3 is having a Bingo Night on Thurs., April 30 at Raymour & Flanagan, 70 Universal Drive, starting at 5:30pm. \$50 for 10 Rounds of Bingo. Light refreshments will be provided.

Raymour & Flanagan has part-

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nered with New Reach to raise funds to combat homelessness and food insecurity in Connecticut.

Be prepared to yell BINGO. For more information: www.newreach.org

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FOR SALE: Coleman lanterns - 1963, M#229F-228F \$50; 1980 M#275A \$65; both \$100; (203) 239-7088

WANTED: WWII Vets, immediate cash for all German helmets, hats, daggers, flags, medals, uniforms, patches. Collector will beat all dealer offers; (203) 932-0750

FOR SALE: Scotts 50 inch mower deck, 3-blade, exc. cond., good spindles, solid \$100; (203) 214-5232

GFWC Women's Club Will Provide Stuffed Animals For The North Haven Police Department



Pictured: Members of the GFWC Women's Club of North Haven, holding various assorted stuffed animals for North Haven Police Department to help aid children in crisis situations.

North Haven: As the last project for the club year, at the club meeting on Friday, April 10, ladies of the GFWC Women's Club of North Haven posed with some of the already collected clean, new stuffed animals for the North Haven Police Department. These will be placed in plastic bags and put in police patrol cars to help aid children in crisis situations. The stuffed animals will be kept in North Haven police vehicles to be used to help allay anxieties and fears of children in crisis situations. The North Haven Police have effectively used this method of helping young children in crisis situations for some time. For many young children, just being able to cuddle a cute, soft stuffed animal helps ease the fears and the problems and calms the child. Anyone interested in helping with a donation of a new, gently used, clean stuffed animal can do so by contacting Michele Charm at 203-915-8990.

The GFWC Women's Club is part of the GFWC International organization committed to volunteerism and service. The Women's Club has embraced numerous projects designed to serve the community and support many in need. The Club regularly provides food donations to the various Food Pan-

tries of North Haven. The Club provides donations of toiletries, socks and other items to BHcare for women and their children, victims of domestic violence. Members of the Women's Club built a Little Free Library, had it installed in front of the Congregational Church and filled it with free books—especially children's books. Anyone can take a book or give a book. Members of the Club also provide numerous items including special items to bring cheer to the Veterans at the VA Hospital in West Haven.

As our new club year begins, we encourage women to sit in on a meeting, meet others with interests in helping with projects to support various groups in the community, and share in some social time. Meetings of the Club are held on the first Friday each month between September and June. The GFWC Women's Club of North Haven is open to women 18 and over who are interested in serving the community through various projects. Join us at one of our meetings and meet other ladies who have made a commitment to serve our community. Our current motto is "We Rise By Lifting Others". Women interested in community service with the GFWC Women's Club of North Haven should contact Pam Lerner at (203) 281-3090, or at (203) 671-5911 for additional information. Like us on Facebook at GFWC Women's Club of North Haven. You may also contact us at gfwcnh@gmail.com.