





Varsha Salani D.M.D., LLC

State of the Art Dentistry

Emphasizing Cosmetics in a
Therapeutic Environment

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Come see us at our new location!

185 Maple Ave., North Haven, CT

Varsha Salani, D.M.D., LLC

(203) 234-1901

North Haven Senior Center
189 Pool Rd., North Haven
Hours: 8:00am-4:00pm
Phone: (203) 239-5432

The following programs are held at the North Haven Senior Center. For information and to register for programs, call (203) 239-5432 or stop by the office. View the newsletter online at www.town.north-haven.ct.us.

September 14-18
Mon., 9/14: 9:30am: Fitness Fun; **10am:** Canasta, Chess; **10:15am:** Dementia Friends; **1pm:** Bingo, SS Gentle Yoga.
Tues., 9/15: 10am: Rummikub, Wii Bowling; **12pm:** Oil Painting; **1pm:** Bocce, Mah Jongg.
Wed., 9/16: 8:30am: Enhanced Nurse Screenings (by appt. only); **9:30am:** Fitness Fun; **10am:** Pinochle; **11am:** Diamond Art; **12:30pm:** Bridge; **1pm:** Bingo.
Thurs., 9/17: 10am: Line Dancing, Knitting/Crochet, Bobcat Walking Group, Seated Qigong; **11:15am:** Silver Sneakers Circuit, Standing Qigong; **1pm:** Balance Through Strength, Bocce, Dominoes, Mah Jongg. Bus Trip: Culinary Institute in New York.
Fri., 9/18: 8:15am: AARP Smart Drivers Course (ends at 12:15pm); **11:30am:** Senior Center Month Celebration; **1pm:** Bocce. All other activities cancelled.

Programs/Activities
Please Note the Following:
• There will be **No Transportation** available now through September 16.
Last Call for Farmers Market Vouchers: Enrollment ends 9/30/26. Senior Farmers Market Nutrition Program improves access to fresh produce by allowing low-income seniors and people with disabilities to purchase fresh fruits and vegetables. Income guidelines are \$2,461 for one person, \$3,337 for two people. If you meet the guidelines and would like to take part, please call (203) 239-5432 for an appointment.



North Haven Senior Center Holiday Fair Fundraiser: Sat., Nov. 7, 9am-3pm. Our much-anticipated holiday fair is right around the corner! All proceeds support programs, events and services at the North Haven Senior Center. Thank you to all those who have graciously donated jewelry. We will begin accepting donations for Grannie's Attic beginning Sept. 21-Oct. 30. Donations can be dropped off Mon.-Fri., from 8:30am-3:30pm. Please note we **do not** accept the following: CDs, VHS tapes, DVDs, Books, Puzzles, mismatched glassware, electronic items, or clothing.
North Haven Senior Center Annual Holiday Party: Fri., Dec. 4 at 12pm at Terrace on the Green in Wallingford. Entertainment provided by The Boogie Boys. The cost for Residents is \$25/pp, Non-Resident cost is \$35/pp, payable by check to Treasurer, Town of North Haven. Resident registration now underway, Non-Residents may register beginning Sept. 21. **Registration ends October 9.** Transportation will be available to North Haven residents who do not drive. Carpooling is strongly encouraged. Call (203) 239-5432 for more information.
Diabetes 101: Mon., September 21 at 10:15am. Come join our friend, Natalie, Consulting Registered Dietician for Big Y, to learn about risk reduction and control. Register on the program sign-up board or call 203-239-5432.
Cap-Tel Phones: Wed., September 23 at 10:30am. Touted as the ultimate phone for hearing loss, learn about CapTel, what it is, how it works and see if it's right for you. CapTel phones are available at no cost! A presentation takes place at 10:30am and a representative will be available at our center for questions until 12:30pm. Residents and Non-Residents may register at this time on the program sign-up board or call (203) 239-5432.
Senior Center Carnival: Mon., Sept. 28 from 12-3pm. Stop by to play carnival games, win prizes, take photos and enjoy carnival

inspired treats. There is no cost to attend! Resident and Non-Resident registration is now underway. **Registration ends 9/25.** Register on the program sign-up board or call (203) 239-5432 for more information.

Wallingford Senior Center
(203) 265-7753

WEEKLY ACTIVITIES
SEPTEMBER 14-18
Mon., 9/14: 9am: Billiards, Texas Hold'em; **12:30pm:** Harmonica Club; **12:45pm:** Nickel Nickel; **1pm:** Chess Club.
Tues., 9/15: 9am: Billiards; **10am:** Bocce; **11am:** Bridge; **12:30pm:** Bingo; **1pm:** Mah Jongg, Quilting.
Wed., 9/16: 9am: Billiards, SetBack; **11am:** Pickleball, Shuffleboard; **12:30pm:** Dominoes, Prime Time Players.
Thurs., 9/17: 9am: Billiards; **10am:** Bocce, Bible Discussion; **12:30pm:** Artist Studio, Bingo; **1pm:** Mah Jongg, Scrabble.
Fri., 9/18: 9am: Billiards; **9:30am:** Texas Hold'em; **11am:** Bridge - Great Room; **12pm:** Pinochle, Friday Movie - *La La Land*; **1pm:** Knitters & Crocheters, Indoor Cornhole.

MONTHLY EVENTS & DAY TRIPS - SEPTEMBER
Tues., 9/15: 11am: Happy Birthday Party with Piano Mike.
Wed., 9/16: 10am: Q & A Police Department; **11:30am:** Lunch Bunch Colony Diner.
Tues., 9/22: 9:30am: Veterans Coffee House.
Thurs., 9/24: 10am: New England Big E; **1:30pm:** Book Club Discussion Group.

Mon., 9/28: 10:30am: Wills, Trusts and Probate.
UPCOMING CLASSES/GROUPS
Wed., 9/16: 1pm: Crafters Corner, Cribbage.
Thurs., 9/17: 9:30am: Clay - Coffee Mug & Coffee Drip.
Fri., 9/18: 9am: Silver Steps Tap Class; **2pm:** Senior Jammers.
Mon., 9/21: 8:30am: Golf League; **10am:** Canasta.
Tues., 9/22: 8:30am: Golf League; **10am:** Line and Ballroom Dance Lessons.
Wed., 9/23: 1pm: Crafters Corner, Cribbage.
Fri., 9/25: 9am: Silver Steps Tap Class; **2pm:** Senior Jammers.
Mon., 9/28: 8:30am: Golf League; **10am:** Canasta.
Tues., 9/29: 8:30am: Golf League; **10am:** Line and Ballroom Dance Lessons.
Wed., 9/30: 1pm: Crafters Corner, Cribbage, Idea Factory-Abstract Paper Collage/Hanji.

FOR SALE: Sears hydraulic floor jack, 2-ton \$50; (203) 980-4322
FOR SALE: Radial arm saw 7.5 saw blade is mobile and drop down stationary \$100 or best offer, cash only. (203) 444-1101

FOR SALE: Sears hydraulic floor jack, 2-ton \$50; (203) 980-4322

Wallingford Historic Preservation Trust Open House September 13



SENIOR LIVING

ACCEPTING APPLICATIONS FOR

Studio Units \$750

1 Bedroom Units \$850

Includes All Utilities

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Davenport Residence

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(203) 248-1445

Age and income limits apply
TRS message relay via CCC:
TRS (800) 842-9710

Equal Housing Opportunity



WANTED: Collector buying any Connecticut Brewery items for Wehle, Hulls, Wiebel, Largay or any other CT Breweries, signs, cans, bottles, etc.; call (203) 915-7662
FOR SALE: Ravin 26 cross-bow, 400fps, mounted scope, new in canvass case with extra arrows and accessories \$1600 or best offer. Cash only. New today is \$2300. (203) 444-1101

Walk To End Alzheimer's Sept. 27



Hamden residents Dianne Davis and Mike Tobin are elite grand champions for their fundraising for the Alzheimer's Association's Walk to End Alzheimer's. The Walk is taking place at Lighthouse Point Park on Sunday September 27, 2026 at 9 am. Form a team and join them by registering at act.alz.org/greaternewhaven. Individuals who donate/raise \$100 will be sent a Walk t-shirt. Funds allow the Alzheimer's Association to continue providing education and support for individuals with dementia and their families and research for a cure.

Wallingford: September is here and the Wallingford Historic Preservation Trust will have an Open House this Sunday, September 13th at The American Silver Museum / Franklin Johnson Mansion at 153 South Main Street. One of Wallingford's best preserved historic homes is owned and maintained by the Wallingford Historic Preservation Trust. The property will open from 2 to 4pm.

This stately Italianate Victorian Mansion has been restored back to its original grandeur. It was donated to the Trust from the Ortense Family in 1997. The house was originally built and occupied by Franklin Johnson in 1866. The unusual features of this structure including its outhouse are somewhat a marvel of its time.

The Johnson Mansion is not just another historic home. It also houses the American Silver Museum. You will learn how important the silver industry was to Wallingford and neighboring towns as you view an extensive collection of silver from Wallingford and Meriden. Volunteer docents will be on hand to share more information about the home and the people who lived in it.

Visits are at no charge, donations however, are gratefully appreciated. <https://www.wallingfordhistory.org/donate>