We're Back





Pictured Top: The Rotary Club members. **Bottom:** residents enjoying their friends and family at the dinner.

North Haven: On Friday, September 25, at St. John's Episcopal Church the North Haven Rotary Club sponsored a wonderful buffet dinner consisting of fried dough, dough balls, pasta and chicken salad with sun-dried tomatoes, a tossed salad, and apple crisp with ice cream for dessert. They set a record for attendance of 70 people for this wonderful dinner. The club had taken off the summer and everyone was so glad they're back. They had a transition in leadership, Chris Reardon, and Rick Bassett are the new presidents. Chris says they have ambitious agendas that you'll see them more and more in the community. The Rotary is always looking for new members, so if you want to be an active part of your community, please consider joining them. They work hard and have fun. They rotate the Friday nights every third or fourth Friday. Thank you Chris, Rick, and the whole rotary club for doing such a great job for our community.

Story and photos by Chris Reardon clubs president, and Jo Ann Buccetti.

Paint Hamden Pink Drew A Large Crowd To Launch Breast Cancer Awareness Month



Pictured: Laura Hutchinson addressing the audience.

Hamden: On September 22, more than 125 people gathered at the Garden of Hope and Reflection in Town Center Park in Hamden for Paint Hamden Pink's event to kick off Breast Cancer Awareness Month. Laura Hutchinson of Channel 8 News was the emcee for the evening, which celebrated survivors and those we have lost to the disease. This year, we also remembered Liz McNicholl, a talented musician and long-time member of Paint Hamden Pink, who passed away over the summer. Olivia Clarke, Liz's protegee, and Steve Rodgers, a fellow musician, sang moving tributes in her honor.

An impressive lineup of speakers anchored the gathering. Maria Tomei, born and raised in Hamden and a 13-year breast cancer survivor, was the keynote speaker. She shared how grateful she is to have survived this disease and how it's been important for her to give back through participation in walks and bike rides for breast cancer.

For the first time, a researcher from Yale New Haven Hospital participated in the event. Dr. Liva Andrejeva-Wright, a diagnostic radiologist, talked about cryoablation, a new technique that uses extreme cold to destroy cancer cells. This approach may be a game changer for women who are not candidates for surgery.

Paint Hamden Pink is grateful for the help and support they received. Thanks to the Hamden Fire Department for their yearly presence; the Public Works Department for ensuring that the area was set up; JoAnn Begley, Reiki Master and certified Nutritionist for providing information; Nolan Monuments for creating a brick in memory of Liz in record time; Flowers for the Farm for supplying the flowers given as gifts; Lisa Newman of Made Rite Shades for supplying the ribbons; and Fred Dunn of Hamden Marketing Consultants for doing the signage for the event. Finally, the event wouldn't have happened without the strong leadership of Jackie Dunn and the Paint Hamden Pink committee.

In the spirit of Breast Cancer Awareness Month, remember to do monthly breast cancer exams and to make a mammogram appointment every year. These simple acts could make a difference in your life or in the life of women you love.

North Haven Taking Back Unwanted Prescription Drugs - Oct. 24th

On Saturday, October 24, from 10am-2pm, the Town of North Haven and the Drug Enforcement Agency (DEA) will be teaming up once again to give the public the opportunity to prevent pill misuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs. This event is open to any residents from any town. Visitors are asked to bring medications for safe disposal to North Haven Fire Headquarters at 11 Broadway. The service is free and anonymous, with no questions asked. This is the 34th National DEA Takeback Day hosted by the Town, with collection events taking place every April and October.

This is a drive-through drop-off event. Visitors simply need to pull down the driveway of Fire Headquarters and drive around to the back of the building, where they will be greeted by staff to accept the medications. Visitors will be asked to remain in their vehicles and to hand the medications through the window to the staff. Visitors are discouraged from exiting their vehicles or walking up to the disposal tables.

Vapes and other e-cigarette devices or cartridges are also now being accepted; please remove the batteries before dropping these items off for safe disposal. Items that will not be accepted include syringes, needles or other sharps, inhalers, such as those for asthma, aerosol cans, mercury thermometers, iodine-containing medications and illegal drugs or substances (including marijuana which is still a schedule 1 drug under federal law).

Please leave all medications in their original containers if possible. Cross out the person's name with a black marker to ensure privacy.

For more information, please contact Carla Picard in Community Services at (203) 239-5321 x8504.

Health & Wellness Resource Festival

The **Hamden** Regional Chamber of Commerce Health & Wellness Council is proud to present its Annual Health & Wellness Resource Festival on Thurs., October 8, from 10am-2pm at the Thornton Wilder Auditorium, Miller Memorial Library, 2901 Dixwell Avenue, Hamden.

This free community event brings together area health and wellness professionals, businesses and organizations to connect residents with valuable information, services and resources. Attendees will have the opportunity to meet trusted professionals, learn about local programs and services, and explore resources designed to support health, wellness and quality of life.

Seniors, caregivers, families and community members are encouraged to attend and take advantage of the many wellness resources available throughout the day including health screening, energy bill assistance and seasonal flu shots provided by Stop & Shop Pharmacy.

The Health & Wellness Resource Festival is free and open to the public.

For more information, visit www.hamdenregionalchamber.com. Vendor space is still available — interested organizations may contact the Hamden Regional Chamber of Commerce, (203) 288-6431 or email hcc@hamdenchamber.com.



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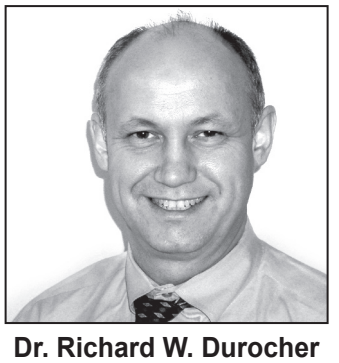
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