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## Wallingford Senior Center
(203) 265-7753

**WEEKLY ACTIVITIES NOVEMBER 2-6**

**Mon., 11/2: 9am:** Billiards, Texas Hold'em; **12:30pm:** Harmonica Club; **12:45pm:** Nickel Nickel; **1pm:** Chess Club.

**Tues., 11/3: 9am:** Billiards; **11am:** Bridge; **12:30pm:** Bingo; **1pm:** Mah Jongg, Quilting.

**Wed., 11/4: 9am:** Billiards, SetBack; **11am:** Shuffleboard; **12:30pm:** Dominoes, Prime Time Players.

**Thurs., 11/5: 9am:** Billiards; **10am:** Bible Discussion; **12:30pm:** Artist Studio, Bingo; **1pm:** Mah Jongg, Scrabble.

**Fri., 11/6: 9am:** Billiards; **9:30am:** Texas Hold'em; **11am:** Bridge - Great Room; **12pm:** Pinochle; **1pm:** Knitters and Crocheters, Indoor Cornhole.

**MONTHLY EVENTS & DAY TRIPS - NOVEMBER**

**Wed., 11/4: 9am:** AARP Safe Driver Course; **12:30pm:** Military Whist Card Party.

**Tues., 11/17: 8:45am:** Culinary Institute of America Trip; **11am:** Happy Birthday Party with Pat Russo.

**Wed., 11/18: 10am:** Q&A Police Department; **12pm:** Lunch Bunch (Crush Winery).

**Mon., 11/23: 10:30am:** Wills Trusts and Probate.

**Tues., 11/24: 9:30am:** Veterans Coffee House.

**UPCOMING CLASSES OR GROUPS - NOVEMBER**

**Mon., 11/9: 10am:** Canasta.

**Wed., 11/11: *Closed.*** *(Crafters Corner, Cribbage - Cancelled.)*

**Fri., 11/13: 9am:** Silver Steppers Tap Class; **2pm:** Senior Jammers.

**Mon., 11/16: 10am:** Canasta.

**Wed., 11/18: 1pm:** Crafters Corner, Cribbage.

**Thurs., 11/19: 9:30am:** Book Club Discussion Group.

**Fri., 11/20: 9am:** Silver Steppers Tap Class; **2pm:** Senior Jammers.

**Mon., 11/23: 10am:** Canasta.

**Wed., 11/25: 1pm:** Crafters Corner, Cribbage.

**Fri., 11/27: *Closed.*** *(Silver Steppers Tap Class, Senior Jammers - Cancelled.)*

**Mon., 11/30: 10am:** Canasta.

## North Haven Senior Center
**189 Pool Rd., North Haven**
**Hours: 8:00am-4:00pm**
**Phone: (203) 239-5432**

The following programs are held at the North Haven Senior Center. For information and to register for programs, call (203) 239-5432 or stop by the office. View the newsletter online at www.town.northhaven.ct.us.

### November 2-6

**Mon., 11/2: 9:30am:** Fitness Fun; **10am:** Canasta, Chess; **11am:** *Just Move!, Ukulele Lessons - New!;* **1pm:** Bingo.

**Tues., 11/3: 9:30am:** *Functional Fitness;* **10am:** Rummikub, Wii Bowling; **12pm:** *Oil Painting Class;* **1pm:** Bocce, Mah Jongg.

**Wed., 11/4: 9:30am:** Fitness Fun; **10am:** Pinochle; **10:30am:** *Memory Loss - When to be Concerned;* **11am:** Diamond Art; **12:30pm:** NO Bridge; **1pm:** Bingo.

**Thurs., 11/5: 10am:** *Line Dancing, Seated Qigong,* Knitting/Crochet; **11:15am:** *Standing Qigong, Silver Sneakers Circuit;* **1pm:** *Balance Through Strength,* Bocce, Dominoes, NO Mah Jongg.

**Fri., 11/6: *All Programs Cancelled.*** *Holiday Fair Set Up. Cookie Walk Drop-Off.*

### Health & Fitness:

**Line Dancing: Thursdays** from **10am-11am.** Learn fun, easy line dances and enjoy great music with friends. It's a fantastic way to get your day started on the right foot! No experience necessary, just bring your enthusiasm. Cost is $20 for Residents, $30 for Non-Residents. **Next session dates are as follows: November 5, 12, 19 and December 3, 10 & 17.** Call (203) 239-5432 for more information.

## *Lunch With The Bunch*



**Pictured:** JoAnn Idone, Mary Quinn Devine and Kim Carew.

**North Haven:** Retirees from the North Haven Board of Education will meet on Monday, Nov 16th at the Pacific Buffet and Grill at 20 Ives Rd #301C in Wallingford. Social at 11:30 and lunch at 12:00.

The group raises scholarship monies for graduating seniors from North Haven High School whose relatives have or had worked for the North Haven Board of Education.

Kim Carew will present information on possible next recipient for education grant.

Call in reservations before Nov 13th to Pat DeMatties in North Haven at 203-239-5115, Tina Snyder in North Haven at 203-891-5025 or Jane Iannone at 203-239-3713. Pre-registration is essential to secure seating.

For more information, please contact Ellie Tessmer at 203-269-2653.

Photo by Ellie Tessmer

### Enrichment Class

**Oil Painting: Tuesdays** from **12 noon-3pm.** Dive into the rich, luminous world of oil painting in this supportive, informative and fun class. **Next session will be held Nov. 10 - Feb. 2.** No class on Nov. 24. Cost is $30 for Residents, $40 for Non-Residents. Check only, payable to Treasurer-Town of North Haven. Residents and Non-Residents may register at this time. ***Registration ends Nov. 6.*** Call (203) 239-5432 for more information.

### Programs/Activities

**Activities Cancelled: Friday, November 6** as we set up for our Holiday Fair on **Saturday, November 7.** Please note, we are no longer taking donations for our fair, as we have been overwhelmed by the generosity of our community. We thank each and every one of you for your support. **Don't forget to visit us on Saturday, 11/7/26 from 9am-3pm.** There will be crafted items, Grannie's Attic, Costume Jewelry, Raffles, Cookie Walk, Santa's Sweet Shoppe and more! Santa visits from 10am-2pm, handing out candy canes and accepting letters. Bring your cameras and your smiles! Bagels in the morning and fried dough in the afternoon available for purchase. All proceeds support programs, events, and services at the North Haven Senior Center. *"Where every day is something new, and the good times never get old!"*

**Medicare Changes:** 2027 will bring changes to the Medicare program. We offer 2 opportunities for you to address questions and concerns. We encourage you to take advantage of one or both of the following:

- **Tues., Nov. 10** at **11am**. Judy Amarone, Municipal Agent for the Elderly and Leslie Pruitt from the Agency on Aging of South-Central CT will be on hand to discuss changes to Medicare and how they will affect you. Light refreshments will be served.

**Senior Center Closed: Wed., Nov. 11** in observance of Veterans Day.

**Back 9 Social Outing: Thurs., Nov. 12** from **12-2pm.** Back 9 Social has brought together the pinnacle of golf simulation with premier launch monitors and simulators. In between swings, enjoy gastropub eats or a craft cocktail. This is a pay on your own, drive on your own event. Stop by the office to register and pay. Cost is $5 for Residents, $10 for Non-Residents. ***Registration will end on Nov. 4th.*** Space is limited so sign-up today!

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**WANTED: Old watches-pocket watches, wrist watches, working or not, watch parts, tools, bands, chains & fobs; (203) 494-2496, Bill** •

**FOR SALE: Adirondack basket, wall mounted, 17" high, 13" deep, dark rattan, leather accents $50; (203) 605-4327** •

## *A Rodeo Lunch With A Heart*







**Pictured Top: (L-R):** Kim Carew, Paulette DeMaio, and photo board with our two members. **bottom:** Members enjoying the delicious lunch.

**North Haven:** At the North Haven Senior Center, today's lunch was filled with good food, fun, and a wonderful cause! Our members enjoyed a delicious salad, a baked potato bar, homemade bread pudding topped with ice cream and whipped cream. But the best part of the day was giving back. Together, our members raised $303 for Looking Forward, a Connecticut-based charity and wellness program that provides emotional support, creative activities, and meaningful community connections for people facing cancer. We are especially grateful to our member Kim Carew, chairperson of Looking Forward, who accepted the donation on the organization's behalf. We also want to thank our member Terry Gagliardi for all her help creating the beautiful centerpieces and photo backdrop that helped make the event so special! We took a special moment to recognize the cancer survivors who joined us today. Their strength and resilience remind us why community, connection, and support matter so much. A big thank-you to everyone who participated and helped make today's lunch about more than just great food. At the North Haven Senior Center, we believe the best gatherings are the ones that bring people together and make a difference.

Story and photos by Paulette DeMaio senior center's manager.

## *Understanding Medicare Changes For 2027*

The **North Branford** Office of Social Services, in partnership with the Agency on Aging, will offer a class explaining the many Medicare changes taking effect in 2027.

The class will cover plans leaving Connecticut, including Connecticare, Care Partners, and Silverscripts, along with premium changes affecting Medicare Advantage, Part D prescription drug, and Medicare Supplement plans. The average Part D premium is expected to increase from $80.25 to $114.51.

Participants will learn when they may change plans, switch from Original Medicare to a Medicare Advantage plan, or return to Original Medicare. We will explain Initial, Open, Special, General, and Medicare Advantage enrollment periods. People whose Medicare Advantage plan is leaving Connecticut will also learn how to select a new plan by the applicable deadlines and avoid disruptions in coverage.

The class will also explain the differences between Original Medicare, Medicare Advantage, Medicare Supplement, and prescription drug plans, as well as what Medicare Parts A, B, C, and D cover.

***Event details:*** **Tues., November 17,** at **10am** in the **Board of Education Media Room,** located in the main lobby of the **STW Community Center.**

***Registration:*** Please confirm your attendance by calling (203) 484-6006 and leaving a message, or by emailing lbreen@northbranfordct.gov.

**WANTED: Old tools, musical instruments, military, Winchesters, Colts, antique guns & old hunting & fishing. We buy gold & silver coins and jewelry. Anything related to vintage jewelry. Call Joe, (203) 488-7271** •

**FOR SALE: Stainless steel Shop Vac, excellent $30; mower, pull starts $20; mower carbs $15-$30; (475) 261-2154** •

**FOR SALE: 2 Pipe wrenches 18" $25; 24" $25; (203) 248-2839** •