Last Bocce Game Of The Year With A Pizza Party Celebration



North Haven: On Tuesday, November 10th, at 12pm, there was a great pizza party celebration with all the wonderful people who play Bocce. Six delicious pizzas from Pats Pizza on Washington Avenue in North Haven were served along with a scrumptious dessert table with potato chips, chocolate chip cookies, homemade Italian anisette cookies, Italian biscottis, brownies, peanut butter balls, which were all made by the many Bocce players. Water, and soda was also available for all to enjoy. The party was held one hour before everyone was to play their last game near the Bocce court. This is a wonderful group of people who help each other even when playing against each other. Coach Bob Salisbury said they are the best friends anyone can have in their life, which made him feel so special. I feel the same way. as they welcomed me to take part of their pizza party, I was invited by Bocce player Mike Casale. A special thank you to all of you from me, see you next year.

Story and photo by Jo Ann Buccetti

Wallingford Garden Club Beeswax Wrap Workshop





Pictured Top: WGC group at special Workshop on Beeswax wrap. **Bottom:** Margaret Kitson with Cathleen Cullen ironing beeswax mat, and Conservation/Environment Info Table.

Wallingford Garden Club's Environmental/ Conservation Committee Chair had a special workshop at the Wallingford Public Library's Collaboratory making beeswax wrap.

Margaret Kitson is the Environmental Chair and has an Information table at each monthly WGC meeting along with a special report of local interest.

Attending the workshop were Karla Renaud, Carmelina Villani, Sue Broughton, Kristen Pedersen, MaryAnn Martindale, Cathleen Cullen, and Cheryl Solomon.

Wallingford Garden Club is a member of The Federated Garden Clubs of Connecticut, New England Garden Clubs, Inc and National Garden Clubs, Inc.

Wallingford Garden Club Members Attended The CT Orchid Society Show



Pictured top: Habenaria 'Pinkie' first, Phalaenopsis 'Yellow Lightning' 3rd, and Orchid with light pink edge and dark pink center.

Wallingford: The Connecticut Orchid Society Show & Sale 'Orchid Harvest 2026' was held in October at the Sheraton Hartford South. There was a wide variety of Orchids and supplies from diverse vendors. Also were expert-led educational seminars. Most of all were beautiful award-winning displays of fragrant orchids.

Participating Orchid Societies were: Connecticut, Amherst, Long Island, Massachusetts, New Hampshire and Nutmeg State.

Attending the Orchid Show were Martha Shea, Kristen Pedersen, Sue Behrens and Pat Breen.

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Photos by Martha Shea and Patricia Breen.

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Question & Answer - Dr. Richard Durocher

Q: My son is ten years old and he has been complaining of pain in his heels after gym class. What might cause his heel pain?

A: Your son may have calcaneal apophysitis, an inflammation of the growth center of the heel bone. The disorder is usually seen in children 7-10 years old, and is more prevalent in males and in children that are very active or stocky. The main complaint is pain in the heel after periods of activity. On examination, there is localized soreness, and sometimes swelling, in the area behind the heel bone, where the achilles tendon attaches. The calf muscles are often tight. This condition usually occurs during a period of rapid growth, where the bones get longer and consequently the muscles and tendons become tighter resulting in excessive strain at the sites where the tendon attaches to the bone.

Treatment includes decrease in activity, ice applications, heel lifts and stretching exercises. In severe cases, physical therapy, orthotics, and short-term immobilization with a walking cast may be indicated. Contact Dr. Richard Durocher to treat your painfu



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