

In Memory of Aurelian Kamp

June 23, 2017 - November 3, 2025



Dear all,

I wanted to thank all of you for your kind thoughts, support, and the many things that you donated to my Family over the past while. There are no words, written or spoken, that can enunciate how grateful I am, nor am I able to articulate how moving all of this has been to me. I am so sorry that so many of you brought me to tears. Memories such as these will never fade; I realize now that they will be buried with me - somewhere.

Missing my son has been so agonizing, so debilitating, that spending time with all of you especially at Saint Barnabas Church and around Town are really the only distractions and relief that I get anymore; I have so little defense against the unrelenting sorrow. I have come to regard you all as a sanctification. Know that our Police and Firemen are really Saints and Angels walking among us. I am sure of it. God bless you all.

As my time with him was recently so limited, I longed to see him every Sunday morning when he arrived at Church to visit me. He would run up and sit on my lap using a singular hug that he never surrendered until the last minute of the Mass. Embarrassingly, I could never stand up; I did not mean to disrespect anyone. Everyone near and far mused over this behavior week after week. Many of you remarked about it as such a strange spectacle - a wonderment.

Afterwards, and saying goodbye, he would run off as he always did, and head for home - a block or so north aboard his little lawn tractor which delivered him there reliably each and every Sunday. Looking back, I now realize how unusual that last day was. With many of you in quiet attendance, he looked at me with the most peculiar stare and yet with the utmost peace. He handed me a rosary saying: "I want you to have this." This was the only thing he ever gave me in his short life of eight years. Little did I know, when he disappeared down the road and around the corner that Sunday morning, that it would be the last time I would ever see him again.

Never did I realize until late that night under a clouded sky, illuminated by an awful orange and smoky glow, that life could be so cruel - so unforgiving - so final. I am telling you all of this, for I was hoping that maybe all of you will stop for just a moment during the holidays upon us, look around at your family, and realize just how dreadful it would be not to have them before you such as they are. Taking some form, menacing realities often come our way; as for me, it was not a matter of if, but a matter of when.

I guess you won't criticize me for saying that holidays, especially Christmas, will never be the same again. As I gazed at his face that final morning, I now realize that he was leaving me behind with the most wonderful gift - an image, impression, and his understanding of the world through God's Eye. Although my heart is thoroughly broken, that was the way it was to be.

Sincerely, His Father, Rick Kamp

Wallingford Garden Club January 13th Meeting



Wallingford Garden Club will hold the January 2026 meeting on the 13th. The program will be held at the First Congregational Church, 23 South Main Street.

The program is on 'House Plants' by presenter Karla Dalley at 11:00. Karla is a lecturer, garden columnist, and author. She will be speaking about planting and how to take care of house plants.

Following the program will be a BYO lunch with dessert and coffee/tea available by the Club. A WGC business will follow. Open to the public. \$5 donation is welcome.

Parking is available off Center St and/or beyond in Town Hall public parking area. For more information, please call 203-269-2653. Check wgc website: www.wallingfordgardenclub.com

Have an Afternoon to Spare?

Hamden: If you do, we could use help at Mae's Closet, where gently used equipment is donated and then lent out to people who need it.

If you are interested, please call 475-414-8333 and one of the volunteers will call you back and answer any questions you may have.

WANTED: Old tools, musical instruments, military, Winchester, Colts, antique guns & old hunting & fishing. We buy gold & silver coins and jewelry. Anything related to vintage jewelry. Call Joe, (203) 488-7271 •

Al-Anon 12-Step Program

Does someone else's drinking trouble you? Do you feel that there is no one who understands your problems? Attending Al-Anon and Alateen Family Group meetings can help.

In Al-Anon, members do not give direction or advice to other members. Instead, they share their personal experiences and stories.

To learn more, browse the website ctalanon.org. To find a meeting in CT, please use the Meetings tab at the top of the page. Alternately, calls can be made to 1-888-825-2666.

Joyce C. Budrow Senior Center

189 Pool Rd., North Haven
Hours: 8:30am-3:30pm
Phone: (203) 239-5432

The following programs are held at the Joyce C. Budrow Senior. For information and to register for programs, call (203) 239-5432 or stop by the office. View the newsletter online at www.town.north-haven.ct.us.

WEEK OF JANUARY 12

Mon., 1/12: 9:30am: Fitness Fun; **10am:** Canasta; **10:15am:** Chess; **11am:** Move to Music; **1pm:** Bingo.

Tues., 1/13: 9:30am: Functional Fitness; **10am:** Rumikub; **10:30am:** Finance Meeting, Setback; **12 noon:** Oil Painting Class; **1pm:** Mah Jongg; **1:15pm:** Matter of Balance I, presented by QVHD; **2pm:** Pool School. Mini Trip: Universal Drive.

Wed., 1/14: 9:30am: Fitness Fun; **11am:** Diamond Art; **11:30am:** Nurse - Blood Pressure Clinic; **12:30pm:** Learn to Play Mah Jongg (Full); **1pm:** Bingo.

Thurs., 1/15: 10am: Knitting/Crochet, Sitting Qigong/Tai Chi; **11:15am:** Standing Qigong/Tai Chi; **1pm:** Create Vision Boards with Oak Street Health, Balance Through Strength, Dominos, Mah Jongg.

Fri., 1/16: 8:30am: AARP Smart Drivers Course; **9:30am:** Fitness Fun, Scrabble; **10am:** Canasta; **12:30pm:** Bridge; **1pm:** Bingo.

Free Prescription Discount Cards for Residents

The Town of North Haven is stepping up to make medication more affordable and want YOU to be part of it. North Haven has partnered with the State of Connecticut Comptroller to spread the word about a free prescription savings card for anyone living in Connecticut. No cost. No insurance needed. Just real savings and better access.

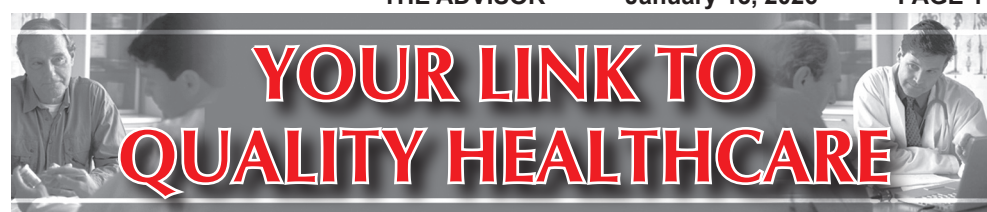
ArrayRx is a free prescription discount card program offered by the State of Connecticut. It helps people in our communities save money on their medications, no matter their age, income, insurance, or immigration status. Anyone who lives part- or full-time in Connecticut can sign up online or over the phone and begin using it right away. There are no fees, no applications, and no eligibility requirements. Just real savings on the medications people need to stay healthy.

Not sure if you would like to sign up? You can search for the price of any of your medications online before enrolling if that makes you more comfortable. The tool shows real-time prices at pharmacies near you, so you can compare and save.

For more information or if you would like assistance in signing up, you can call the ArrayRx Enrollment Line at 1-800-913-4146, Monday-Friday, 10:30am-8:30pm, contact Carla Picard in Community Services at 203-239-5321 x8504 or visit ArrayRxCard.com.

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WANTED: Collector buying old photographs from the 1800's on glass, tin or paper, of people, places or things; (203) 915-7662



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Question & Answer - Dr. Richard Durocher

Q: What is gout?

A: Gout is an inflammatory arthritis that occurs as a result of an accumulation of uric acid in a joint. Uric acid is produced by the body and also derived from a food substance called purine. Gouty attacks can be brought on by an overproduction or under-excretion of uric acid by the body or an abundant consumption of purine-rich foods such as organ meats, sardines, sweetbreads and alcohol. In susceptible individuals, injury, stress from a surgery and some medications can contribute to a gouty attack.

The big toe joint is the most common joint affected, however, it can occur in any of the joints in the body. It is first noticed by symptoms of warmth, redness, swelling and severe pain around that joint.

Some treatments available for acute gouty attacks include: non-steroidal anti-inflammatories, Colchicine, allopurinol and cortisone injections. Recurrent gouty attacks can damage the affected joints. Therefore, it is important to have the underlying cause determined with appropriate lab tests.

Should this condition cause you discomfort, contact Dr. Durocher for further evaluation.



Dr. Richard W. Durocher,
Podiatrist & Surgeon
Board Certified

Member of the American College
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Doctor is fluent in French & Spanish

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The North Haven office is staffed by
Dr. Preeti K. Chandhoke & Dr. Jonny Feldman

Call to schedule a complimentary consultation appointment!

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