GFWC Women's Club Pays Homage On Memorial Day: "Lest We Forget"



Pictured: Raising the Flag on Iwo Jima.

North Haven: As we approach Memorial Day let us never forget what this day memorializes. Let us never forget those that gave their lives so that we and our families may enjoy the blessings of liberty.

As a tribute to the fallen who gave their all for us, let us travel back over three-quarters of a century to one of the bloodiest battles of WW II – Iwo Jima. During the battle over 26,000 Marines and Sailors serving together were killed or wounded. When the battle was over, the Marines recovered their dead from temporary graves and made a proper cemetery.

Navy Chaplain Roland Gittelsohn served on Iwo Jima with the 5th Marine Division as a Navy Chaplain taking part in the operation, ministering to the wounded and dying regardless of their faith, and helping the Navy Corpsmen and Doctors in the task of saving lives. Chaplain Gittelsohn lead a memorial service and dedication at a cemetery in which fallen Marines and Sailors were interred. Below are excerpts from Gittelsohn's sermon consecrating the cemetery on Iwo Jima as recorded in the Congressional Record.

"This is perhaps the grimmest, and surely the holiest task we have faced since D-Day. Here before us lie the bodies of comrades and friends. Men who until yesterday or last week laughed with us, joked with us, trained with us. Men who were on the same ships with us, and went over the sides with us, as we prepared to hit the beaches of this island. Men who fought with us and feared with us. Somewhere in this plot of ground there may lie the individual who could have discovered the cure for cancer. Under one of these Christian crosses, or beneath a Jewish Star of David, there may rest now an individual who was destined to be a great prophet to find the way, perhaps, for all to live in plenty, with poverty and hardship for none. Now they lie here silently in this sacred soil, and we gather to consecrate this earth in their memory."

"We dedicate ourselves, first, to live together in peace the way they fought and are buried in war. Here lie men who loved America because their ancestors, generations ago helped in her founding, and other men who loved her with equal passion because they themselves or their own fathers escaped from oppression to come to her blessed shores. Here lie officers and privates, Blacks and whites, rich and poor…together. Here are Protestants, Catholics, and Jews…together. Here no man prefers another because of his faith or despises him because of his color. Here there are no quotas of how many from each group are admitted or allowed. Among these men there is no discrimination. No prejudice. No hatred. Theirs is the highest and purest democracy."

"Anyone among us the living who fails to understand that, will thereby betray those who lie here. Whoever of us lifts his hand in hate against another or thinks himself superior to those who happen to be in the minority, makes of this ceremony and of the bloody sacrifice it commemorates, an empty, hollow mockery. To this, then, as our solemn, sacred duty, do we the living now dedicate ourselves: to the right of Protestants, Catholics, and Jews, of all races alike, to enjoy the democracy for which all of them have here paid the price."

The GFWC Women's Club is part of the GFWC International organization committed to volunteerism and service. The GFWC Women's Club of North Haven welcomes women interested in community service. Meetings of the Club are held on the first Friday each month between September and June. The GFWC Women's Club of North Haven is open to women 18 and over who are interested in serving the community through various projects. Join us at one of our meetings and meet other ladies who have made a commitment to serve our community. Our current motto is "We Rise By Lifting Others". Women interested in community service with the GFWC Women's Club of North Haven should contact Pam Lerner at (203) 281-3090, for additional information. Like us on Facebook at GFWC Women's Club of North Haven. You may also contact us at gfwcnh@gmail.com.

North Haven Garden Club's May Meeting Presents - "Every Tree Has Its Place"



North Haven: The North Haven Garden Club will hold an open meeting on May 14th, 2026 at the North Haven Congregational Church, 28 Church Street, across from the green, at 7:30PM. A $5.00 guest donation is suggested. The open meeting will feature speaker Dr. Susanna Kerio. Dr. Kerio is a forest pathologist and ecologist in disease resistance of trees to fungal pathogens, and genetic factors associated with tree fungus and tree stress responses. She received her B.B., M.S., and Doctorate in Agriculture and Forestry from the University of Hillinski.

Trees provide shade to coll our homes and a framework for our gardens. Dr. Kerio's presentation will focus on how the proper species selection can maximize the benefits and minimize the problem of trees at our homes and towns.

Hostessed for the evening are Carmen Sealy, Dianna Ramadei, and Marge Quinn and the table arrangement will be provided by Marge Quinn.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net.

North Haven Garden Club is a member of The Federated Garden Clubs of Connecticut Inc., New England Garden Clubs Inc., and The National Garden Clubs Inc.

Submitted by Cindy Golia

Free Prescription Discount Cards for Residents

The **Town of North Haven** is stepping up to make medication more affordable and want YOU to be part of it. North Haven has partnered with the State of Connecticut Comptroller to spread the word about a free prescription savings card for anyone living in Connecticut. No cost. No insurance needed. Just real savings and better access.

ArrayRx is a free prescription discount card program offered by the State of Connecticut. It helps people in our communities save money on their medications, no matter their age, income, insurance, or immigration status. Anyone who lives part- or full-time in Connecticut can sign up online or over the phone and begin using it right away. There are no fees, no applications, and no eligibility requirements. Just real savings on the medications people need to stay healthy.

Not sure if you would like to sign up? You can search for the price of any of your medications online before enrolling if that makes you more comfortable. The tool shows real-time prices at pharmacies near you, so you can compare and save.

For more information or if you would like assistance in signing up, you can call the ArrayRx Enrollment Line at 1-800-913-4146, Monday-Friday, 10:30am–8:30pm, contact Carla Picard in Community Services at 203-239-5321 x8504 or visit ArrayRxCard.com.

WANTED: WWII Vets, immediate cash for all German helmets, hats, daggers, flags, medals, uniforms, patches. Collector will beat all dealer offers; (203) 932-0750 •

FOR SALE: Atlantic 3-piece soft side expandable with wheels, durable suitcase set, one 22" and two 26", gently used $70; call (203) 530-1045 •

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Question & Answer - Dr. Richard Durocher

Q: The skin on my feet always appears to be very dry and scaly. What should I do?

A: When the skin is very dry it can produce unsightly scaling with moderate to severe discomfort. The pain can be severe when the skin cracks and develops open wounds. Some medical conditions could lead to dryness of the skin, or another condition called athlete's feet.

Even though dryness can develop in young people, it is more common in the older population. Some people believe that this is part of aging and that they have to endure this. This is not true. Self-care, including moisturizing will not help when the scaling is due to a medical condition.

Contact Dr. Durocher for a further evaluation and preventative measures that can be taken to avoid this problem.



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