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Joyce C. Budrow Senior Center

189 Pool Rd., North Haven
Hours: 8:30am-3:30pm
Phone: (203) 239-5432

The following programs are held at the Joyce C. Budrow Senior. For information and to register for programs, call (203) 239-5432 or stop by the office. View the newsletter online at www.town.northhaven.ct.us.

WEEK OF JUNE 16-20

Mon., 6/16: 9:30am: Fitness Fun; **10am:** *Holiday Fair Committee Meeting,* Canasta; **10:15am:** Chess; **11am:** *Tai Chi & Qi Gong*, Move to Music; **1pm:** Bingo.

Tues., 6/17: 10:30am: Rummikub, Setback; **12:00 noon:** Oil Painting Class; **1pm:** Bocce, Mahjong.

Wed., 6/18: 9:30am: Fitness Fun; **11am:** Cardio Drumming, Diamond Art; **12:30pm:** Bridge; **1pm:** Bingo; **2:30pm:** Pool School.

Thurs., 6/19: ***Senior Center Closed. Juneteenth Holiday.***

Fri., 6/20: 8:30am: *AARP Smart Drivers Course (ends at 12:30pm);* **9:30am:** Fitness Fun, Scrabble; **12:30pm:** Bridge; **1pm:** Bingo, Bocce.

Programs/Activities

Lunch Bunch: Tues., June 24 at **12 noon.** Our Lunch Bunch crew is on the go again! This time, they will enjoy lunch at Grand Apizza North on Washington Avenue. This is a drive-on-your-own/pay-on-your-own "meet up" where members gather for an afternoon of conversation, great food and laughter.

Ice Cream Social: Tuesday, July 8 at **2pm.** Celebrate National Ice Cream Sundae Day with a build-your-own sundae bar! Cost is $3 for residents, $5 for non-residents. Registration begins June 9 for Residents, Non-Residents may register beginning June 23. Kindly stop by the office to register by July 3.

Food & Friends Friday: Join us on **July 11** at **11:30am** for lunch at the Senior Center. This month, we will feature a Taco Bar. Build your tacos exactly the way you like them with a wide variety of toppings, fillers and more! Space is limited. Stop by the office to register. Cost is $5 for Residents, $10 for Non-Residents. Registration ends July 3.

Want to Have More Fun? We offer a wide variety of activities from card games to fitness/exercise classes as well as health and wellness presentations. If arts & crafts are more your speed we offer knitting/crocheting, Diamond Art, Oil Painting and more! If you like a little more "action" come give Bocce a try or find your rhythm with our Cardio Drumming class. We also have our "Cue Club" where you can shoot a game or two of pool at your leisure, either alone or bring a friend! Have some fun with our lively Bingo crowd, you could walk away a winner!! To become a member, call (203) 239-5432 or stop by and pay us a visit.

Last two trips of the season!

• **Charles Riverboat Cruise and Cheesecake Factory: Boston, MA. Wed., Sept. 10.** Bus departs North Haven Senior Center at 8:45am with an estimated return of 6:45pm. Cost is $143 pp for Residents, $153 pp for Non-Residents. Check payment only, payable to Friendship Tours. Cost includes round trip coach bus, lunch at the Cheesecake Factory in Boston, followed by a Riverboat Cruise on the Charles River. ***Payment and registration due by August 1.*** Call (203) 239-5432 for more information.

• **Kenny & Dolly - A Smoky Mountain Christmas: Wed., Dec. 10 at Aqua Turf in Plantsville.** Bus departs North Haven Senior Center at 10:45am with an estimated return of 4:15pm. Cost is $134 pp for Residents, $144 per person for Non-Residents. Check payment only, payable to Friendship Tours. Cost includes round trip coach bus, family style dinner, and show. ***Payment and registration due by Oct. 10.*** Call (203) 239-5432 for more information.

Enrichment Class

Better Balance: Tuesdays & Thursdays from **9:30-10:30am or 10:45-11:45am.** Better Balance will focus on strength training, and stretching, safe and effective exercises, flexibility and balance training. ***Registration for the next session is now underway. Summer session will run July 8 - August 14.*** Cost is $15. Check ONLY, payable to Yale New Haven Health. Space is limited. Call (203) 239-5432 for more information.

**Non-Resident guests are asked to complete a Non-Resident Guest Agreement for all classes, as well as completing a Non-Resident Guest Application. Both documents need to be on file before registering for a class.*

Checks are payable to Treasurer-Town of North Haven, unless otherwise indicated. A class with insufficient enrollment will be cancelled prior to the start date and participants will be notified and receive a refund. Once a class is in session, there are NO refunds or adjustments to the required payment, as instructors are based on payment once class is filled.

Wallingford Senior Center
(203) 265-7753

CALENDAR EVENTS FOR MONTH OF JUNE

Mon., 6/16: 10am: iPad User Group.

Tues., 6/17: 10am: iPhone Workshop, Meal Preps Made Easy.

Thurs., 6/19: 10am: Curiosity Club; **11am:** New! Clay Class.

Fri., 6/20: 9am: WCOA Meeting; **12:30pm:** Movie - "Gran Torino."

Mon., 6/23: 10am: Caldwell Banker Realty; **10:30am:** Wills, Trusts and Probate; **1pm-3pm:** Hearing Services.

Tues., 6/24: 9:30am: Veteran's Coffee House, New! Clay Class.

Wed., 6/25: 10am: All About Coins.

Thurs., 6/26: 11:30am: Trip: Amarante's - Summer Breeze (Drive on Own); **11am:** Cardio Drumming; **1:30pm:** Book Club; **5pm:** Lake View Dinner; **6pm:** Ashly Cruz.

Fri., 6/27: 10am: Parkinson's Support Group; **12 noon-3pm:** Bill Viola Retirement Party - EST Pizza Trucks and Entertainment by Tamijiro.

JUNE 2025 WEEKLY ACTIVITIES

Monday: 9am-1pm: Lake View Café; **9am-4pm:** Club 60 Plus, Billiards; **9:30am:** Texas Hold'em, Canasta Lessons, Body in Motion; **10am:** Canasta; **10:15am:** Beginner Tai Chi; **10:45am:** Workout with Sue-ZOOM; **11am:** Total Fitness; **12:00 noon:** Healthy Moves, Art Appreciation; **12:45pm:** Chair Yoga; **1pm:** Cards/Nickel-Nickel, Chess Club, Harmonica Club.

Tuesday: 8:30am: Workout with Sue - ZOOM; **9am-1pm:** Lake View Café; **9am-4pm:** Club 60 Plus, Billiards; **9:30am:** Clay Class, Total Fitness, Basic Social Dance; **10am:** Bocce, Ballroom Dance Lessons; **11am:** Strength & Balance; **12:00 noon:** Bridge; **12:30pm:** Bingo; **1pm:** Quilting, Parkinson Fitness, Mah Jongg; **2pm:** Silver Sneakers Classic.

Wednesday: 9am-1pm: Lake View Café; **9am-4pm:** Club 60 Plus, Billiards, Cards; **9am:** Setback; **9:30am:** Body in Motion; **9:45am:** Guided Meditations; **10:15am:** BOOM Silver Sneakers; **11am:** Shuffleboard; **12:30pm:** Acting Club, Dominoes; **1pm:** Cribbage, Cards, Crafters Corner; **2:30pm:** Basic Group Drumming.

Thursday: 9am-1pm: Lake View Café; **9am-4pm:** Club 60 Plus, Billiards; **9:30am:** Total Fitness, Basic Social Dance; **10am:** Bible Discussion; **10:15am:** Silver Sneakers Chair Yoga; **11am:** Total Fitness; **12:30pm:** Bingo, Artists' Studio; **1pm:** Parkinson Fitness, Mah Jongg, Scrabble; **2pm:** Silver Sneakers Classic; **3pm:** Gentle Yoga.

Friday: 9am-1pm: Lake View Café; **9am-4pm:** Club 60 Plus, Billiards; **9am:** Tap Dance; **10am:** Mah Jongg Lessons, Tai Chi, Mah Jongg; **10:30am:** Workout with Sue - ZOOM; **11am:** Strength and Balance, Bridge; **12:30pm:** Pinochle, Movie Matinee; **1pm:** Knit & Crochet, Cornhole; **2pm:** Senior Jammers.

Subject to Change. We will make every effort to reschedule any activity that has been cancelled.

WANTED: Antiques or collectibles, highest prices paid for paintings, furniture, glassware, pottery, documents, photographs, bottles, anything old, one piece or entire estates, cash paid; (203) 915-7662 • FOR SALE: Oak TV stand with glass doors $25 or best offer; (203) 675-3989 •

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21st Reunion Luncheon Enjoyed By All



Pictured (L-R): Fay Natale, Jo Ann Buccetti, and everyone at our table.

North Haven: On Wednesday, June 11, North Haven resident Jo Ann Buccetti and her sister Hamden resident Fay Natale enjoyed an out of this world delicious food reunion luncheon at Biagetti's Restaurant. It was a beautiful day for this luncheon where there were 140 people that attended, 80 people sat inside and 60 sat out on the outside patio. It was a reunion luncheon for the people that lived in the New Haven area called the Hill Section and they have been getting together 21 years for luncheon functions. The tables were set up beautifully by one of the owners. It started off with a prayer and the pledge of allegiance. Len Maselli and Jack Haggerty gave a brief speech on how nice it was to see everyone and to enjoy ourselves and the food. It was so nice to get reacquainted with everyone from the neighborhood. Our server Ben was wonderful, he was so pleasant, and came around with the delicious food, starting off with a family style salad, small chicken wings, small meatballs, and then served us stuffed filet of fish, mixed vegetables, mash potatoes, and ziti macaroni. So much food and for dessert we enjoyed an ice cream roll cake with assorted Italian pastries. What a wonderful time everyone had, it was great to see everyone and it brought back wonderful memories of the past. This get together was put on by the Hill Section committee, Jack Haggerty, Lenny Maselli, Elaine Simons, Joan Kuchinski, Fran Kikosicki, Peggy Frawley, Nick DiMatties, we want to thank all of you for your terrific work giving us these great reunion get togethers.

Story and photo by Jo Ann Buccetti

Many North Haven Residents Enjoyed A Ziti Dinner



Pictured (L-R): Members and co-presidents Ann Capetta, Rose Ann Kelley, Rose Turney, co-president Dave Kelley, and co-president Rich Biondi pictured with the 2 lovely paintings.

North Haven: On Saturday, June 7, North Haven resident and co-president Richard Biondi, and co-president Dave Kelly of the St. Trofimena Society put on a wonderful ziti dinner in the hall of the St. Andrews. The St. Trofimena Society has 110 members, only 50 members many from North Haven could attend. St. Trofimena is from the town of Minori in Italy. Rich and Dave went over many upcoming events, a procession parade in the Wooster Square area on July 13, after 9:30 am Mass at St. Michael's Church, it has been 50 years since they had their last procession parade. There was a 50/50 raffle, two beautiful portraits that Mary Lou painted, she passed away and her son wanted to donate the paintings to the club, and there was a money raffle. Everyone went up one table at a time to get their delicious ziti dinner, a family style green salad. After dinner everyone enjoyed pastry and Italian lemon ice that Libby's Bakery donated which cost hundreds of dollars. It was a great night and enjoyed by all. Now the members can't wait until the procession which was a great tradition of the society started by their family members since 1991. Al Clemente sang a beautiful song in Italian, opera style while It was so nice being with family and friends and will mean so much for years to come.

Story and photo by Jo Ann Buccetti