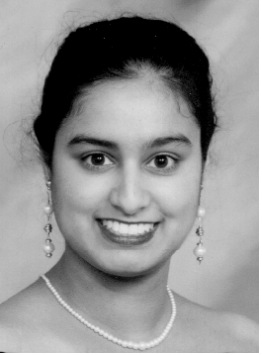






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### North Haven Senior Center

189 Pool Rd., North Haven  
Hours: 8:00am-4:00pm  
Phone: (203) 239-5432

The following programs are held at the North Haven Senior Center. For information and to register for programs, call (203) 239-5432 or stop by the office. View the newsletter online at [www.town.north-haven.ct.us](http://www.town.north-haven.ct.us).

**WEEK OF JUNE 29 - JULY 3**  
**Mon., 6/29: 9:30am:** Fitness Fun; **10am:** Canasta; **11am:** Move to Music; **1pm:** Bingo.  
**Tues., 6/30: 9:30am:** Functional Fitness; **10am:** Monitor My Health, Rummikub, Wii Bowling; **12pm:** Lunch Out at Nick's Char Pit & Papa Scoops; Oil Painting Class; **1pm:** Bocce, Mah Jongg.  
**Wed., 7/1: 9:30am:** Fitness Fun; **10am:** Pinochle; **11am:** Diamond Art; **12:30pm:** Bridge; **1pm:** Bingo.

**Thurs., 7/2: 10am:** Bobcat Walking Group, Seated Qigong & Tai Chi - ends; Knitting/Crochet; **11:15am:** Standing Qigong/Tai Chi - ends, Silver Sneakers Circuit; **1pm:** Balance Through Strength - ends, Bocce, Dominos, Mah Jongg.

**Fri., 7/3:** Senior Center Closed. Independence Day.

### Programs/Activities

**New Haven Museum & Bears Smokehouse: Thurs., July 9 at 10am.** We will enjoy a guided tour of the New Haven Museum which features the Amistad, the history of New Haven Apizza, Long Wharf exhibits, and more! You'll have time to shop at the gift shop before we leave for lunch at Bears Smokehouse for some delicious BBQ Wings, Salads and more! Bring \$4 for the museum admission, lunch is pay on your own. Bus transportation is limited. Non-drivers have first priority for bus. Space is limited. Stop by the office to register or call (203) 239-5432 for more information.

**Teen Tech: July 9 & July 23 from 10:30am-12:30pm.** Whether you have a specific technology question, or would like a quick

tutorial from a young tech-whiz, you will have the opportunity to learn something new! Bring your device with you (cell phone, tablet, laptop). If you have a specific question to ask, feel free to let Mary know ahead of time. Register on the Program Sign-Up board. Residents and Non-Residents may register at this time. Drop-ins are also welcome!

**Pizza Social: Wed., July 15 from 11:30am-12:30pm.** Join us for this opportunity to have a slice and socialize with friends! \$2 per slice of cheese pizza ONLY. You will pay ahead for the number of slices you plan to eat that day. Stop by the office to pay and register. Residents may register at this time. Non-Residents may register beginning 7/6. **Registration ends 7/10.**

**Perk Up & Power On - NEW: Thursdays, July 23 - Aug. 27 at 1pm.** This class, run by members, will run through a list of exercises that they have found beneficial in their time taking our Balance Through Strength class. Join for exercise, or stop in for coffee and conversation! This is a temporary class to take place in the summer while our instructor is on vacation. No commitment necessary, but a headcount is appreciated. Resident and Non-Resident Cost: FREE. Resident Registration is now in progress; Non-Resident begins 7/6. **Registration ends 7/17.**

### Upcoming Trips

**Culinary Institute of America-Hyde Park, New York: Thurs., September 17.** This is your opportunity to go behind the scenes and get an inside look into the world of food. Participate in an interactive demonstration where you'll explore the science of taste. Enjoy a full course luncheon at their Caterina de Medici Restaurant, with truly authentic regional Italian cuisine. There will be time to explore their abundant gift shop and bakery before we head home. Cost is \$172/pp for Residents, \$182/pp for Non-Residents. Check ONLY, payable to Friendship Tours. Full payment due at time of registration. Bus

will depart from North Haven Senior Center at 9am with an estimated return of 6:30pm. Please advise of any food allergies when registering. For more information, call (203) 239-5432.

**"Studio Two - The Beatles Tribute Band": Thurs., October 15** at the elegant Farmington Polo Club in Farmington, CT. Come enjoy a lively luncheon show with Studio Two, hailed as "New England's Best Beatles Tribute Band." You will be sure to be dancing and singing and reminiscing about the magic of Beatlemania. Cost is \$137/pp for residents, \$147/pp for non-residents. Check ONLY, payable to Friendship Tours. Full payment due at time of registration. Cost includes round-trip coach bus transportation, Bus will depart North Haven Senior Center at 10:30am with and estimated return of 4:15pm. Residents may register beginning 7/6, Non-residents may register beginning 7/20. **Registration ends 9/4.** For more information, call (203) 239-5432.

### Wallingford Senior Center

(203) 265-7753

**WEEKLY EVENTS**  
**JUNE 29 - JULY 3**  
**Mon., 6/29: 9am:** Billiards, Texas Hold'em; **12:30pm:** Harmonica Club; **12:45pm:** Nickel Nickel; **1pm:** Chess Club.  
**Tues., 6/30: 9am:** Billiards; **10am:** Bocce; **11am:** Bridge; **12:30pm:** Bingo; **1pm:** Mah Jongg, Quilting.  
**Wed., 7/1: 9am:** Billiards, Set-Back; **11am:** Pickleball, Shuffleboard; **12:30pm:** Dominoes, Prime Time Players.

**Thurs., 7/2: 9am:** Billiards; **10am:** Bocce, Bible Discussion; **12:30pm:** Artist Studio, Bingo; **1pm:** Mah Jongg, Scrabble.

**Fri., 7/3:** Senior Center Closed for Independence Day. All Activities Cancelled.

**MONTHLY EVENTS & DAY TRIPS FOR JULY 2026**  
**Wed., 7/1: 9am:** AARP Safe Driver Course; **12:30pm:** Military Whist Card Party.

**Wed., 7/8: 7:30am:** Block Island.

**Mon., 7/13: 10am:** Curiosity Club - Front Porch.

**Tues., 7/14: 7am:** Tall Ships Boston; **11am:** Happy Birthday Party with Joe Kury.

**Wed., 7/15: 10am:** Q&A Police Department; **11am:** Lunch Bunch (Michaels Trattoria).

**Mon., 7/20: 1pm:** Monday Melodies - Karaoke with Barbara and Pat.

**Thurs., 7/23: 1:30pm:** Book Club Discussion Group.

**Mon., 7/27: 10am:** Realty Roundtable KW Realtor; **10:30am:** Wills, Trusts and Probate.

**Tues., 7/28: 9:30am:** Veterans Coffee House.

**Wed., 7/29: 9:30am:** Peabody Museum.

### UPCOMING CLASSES/GROUPS

**Mon., 6/29: 8:30am:** Golf League; **10am:** Canasta.

**Tues., 6/30:** Canasta. Golf League; **10am:** Line and Ballroom Dance Lessons.

**Wed., 7/1: 1pm:** Crafters Corner, Cribbage.

**Thurs., 7/2: 9:30am:** Clay - Napkin Rings.

**Fri., 7/3:** Senior Center Closed for Independence Day. All Activities Cancelled.

**Mon., 7/6: 8:30am:** Golf League; **10am:** Canasta.

**Tues., 7/7: 8:30am:** Golf League; **9am:** Clay Class: Beginner Hand Building.

**Wed., 7/8: 1pm:** Crafters Corner, Cribbage.

**Thurs., 7/9: 9:30am:** Clay - Egg Tray.

**Fri., 7/10: 9am:** Silver Steps Tap Class; **2pm:** Senior Jammers.

### Agency on Aging

OF SOUTH CENTRAL CONNECTICUT

**25TH ANNUAL FAMILY CAREGIVER CONFERENCE**  
**Save the Date** - The Agency on Aging of South Central Connecticut announces the 25th Annual Family Caregiver Conference will be held Thurs., August 27, 9am-2:30pm at Cielo's Banquet Hall, 85 Chase Lane, West Haven.

The keynote speaker is Donna Fedus, Gerontologist.

Celebrating 25 years of the Title III National Family Caregiver Support Program. The conference will bring together family caregivers, paid caregivers who assist family caregivers to ensure people can remain living at home, and members of the aging network who interact with both groups. We are often member of more than one group and the things that unite us are more powerful than the designations that separate us.

Join us as we explore the intersection of family caregiving and paid caregiving.

## Wallingford Garden Club Workshop Making Bat Houses



**Pictured Top Front row:** Kirsten Pedersen, Ellie Tessmer, Martha Shea. **Middle row:** Joellen Nellums, Karen Ciosek, Crissy Besaw, Linda Besaw. **Back row:** Betty Wilson, Patricia Breen, Pat Dellaripa, Suzanne Surato and Karla Renaud. **Bottom:** Walter Brockett w/bat house, Linda Besaw and Crissy Besaw, and Betty

Wilson. Wallingford Garden Club members attended a hands on workshop by Walter and Sally Brockett on Wooden Bat House. Walter and Sally Brockett are from the Daytime Gardeners of North Haven. Walter and Sally assisted members with the project.

Walter provided pre cut kits

of pre stained wood pieces and wood screws for each participant.. The workshop was a step-by-step project where members used power drills to complete their bat houses. The interior surface of a bat house has rough surface grooves which bats land on and sleep inside for about 18 hours a day. Photos by Betty Wilson

## North Haven Democrats Hold Food Drive To Stock Community Food Bank For Summer



**Pictured:** Heather Tolisano, Oliver Gabriele, Tim Gabriele, Alex Cabrera, Genvieve Cabrera, Lucia Rafala, Christina Upton, and Stephanie Magnuson.

**North Haven:** The North Haven Democratic Town Committee held a community food drive on Thursday, collecting non-perishable donations to help stock the shelves of the North Haven Community Services Food Bank through the summer months.

The drive focused on the food bank's most-needed items, including soups, chili, beans, peanut butter and jelly, pasta and rice mixes, and canned fruit. Thanks to the generosity of residents and committee members, every item on the food bank's requested list was do-

nated, along with many additional pantry staples.

The initiative was organized by committee member Heather Tolisano, who wanted to turn a difficult budget season into an opportunity to give back to neighbors in need.

"Over the past several months, our community has had some difficult conversations about budgets, priorities, and the challenges many families are facing," said Tolisano. "No matter where we stand on those issues, I think we can all agree that no family should have to worry about putting food on the table. I couldn't be more grateful to everyone who donated and helped make this drive such a success."

The donations support North Haven Community Services, which

operates the town's food bank and assists income-eligible families throughout the year. Summer is often an especially difficult stretch for food pantries: demand stays high while many school-based meal programs pause for the season.

The North Haven Democratic Town Committee thanked everyone who contributed and reaffirmed its commitment to initiatives that strengthen the community.

**WANTED: Collector wants to buy early historic New Haven County related items, maps, books, engravings, paintings, paper items or actual products; (203) 915-7662**



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