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References Available

Hamden Woman's Club Honors Marjorie Giunti As "Spotlight Member" For Sept. 2026

Pictured: HWC Past President Marge Giunti is awarded our "Spotlight Member for September, 2026".



Hamden: When Marge joined the HWC in 1968, (58 years ago!) - Marge immediately showed everyone her strong leadership skills. She worked tirelessly as an Executive Board member every year until 2 years ago, when she "retired" from her position as Chairwoman of the International Affairs Committee and of the International Lunch Bunch for three decades. Marge has served our HWC in every capacity possible, including President, First & Second Vice-President, Recording and Corresponding Secretaries, Treasurer and Assistant Treasurer, Historian, Chairwoman of Ways & Means, Homelife, Arts & Literature, Annual Fundraiser, and many more. She was among the original members of the Hamden Woman's Club of the 1950's and 1960's, which she described in detail at our September meeting. Back then, when Marge was President, our HWC was more of a ladies social club with 150 members, mostly because there were more women home then. For many, many years, our dedicated volunteer bakers would gather in her lovely home to assemble the delicious and famous HWC cookies trays before Thanksgiving to distribute in the community. Always a FUN TIME for all!

There are so many words to describe Marge: a leader, mentor and loyal friend to everyone she meets. Marge always sees the best in everyone she meets and encourages our HWC members to become the best they can be. She is a shining star - an amazing woman and a true inspiration to everyone in the Hamden Woman's Club!

We admire her tremendously and we feel very blessed that Marge's volunteerism, hard work ethic, and dedication helped pave the way for the success that our HWC has become today.

The Hamden Woman's Club will NOT be holding a major Fundraiser Event this year. However, we will be participating in other activities to raise money to help local charities that we support. Members will be taking orders for delicious Lyman Orchard pies fundraiser during September through October 7, and these will be delivered frozen right to your home. Please consider purchasing one or two for the holidays! They make great gifts too. For more information about this, please visit our website, listed below.

Also, our HWC is also participating in SUPPORTING SURVIVORS, collecting items to support woman and families at The Umbrella Center for Domestic Violence Services. The Collection Date is Sept.26, 2026 at the Hamden Miller Library. Pantry items are needed, such as canned soup, vegetables , beans, fruit, pasta & sauce, rice, Mac & cheese, ramen, instant oatmeal, juice boxes & healthy snacks, cooking oil, sugar, coffee , spices & seasonings, condiments, etc. You can shop the wish list on Amazon. Perhaps you may already have some of these items in your home already. Thank you in advance for helping this worthy cause. For more information, please send email to: info@hamdenwomansclub.org.

The next meeting of the HWC will take place on Wednesday, October 7, at 6:30 pm at the Hamden Senior Center, located in the rear of the Hamden Miller Memorial Library. The Mayor of Hamden will be our Guest Speaker, so please plan to attend and bring any questions you may have. We will also be helping the Homelife Committee assemble "goody bags" for the upcoming Trunk or Treat party at the Hamden Children's Center.

VISITORS, GUESTS & PROSPECTIVE MEMBERS ARE ALWAYS WELCOME to attend meetings! Please come and plan to stay for our social hour of "calories and camaraderie" while getting to know us! Also, please check out our new website, listed below. We hope to see you there! Hamden Woman's Club https://www.hamdenwomansclub.org

Free Prescription Discount Cards for Residents

The **Town of North Haven** is stepping up to make medication more affordable and want YOU to be part of it. North Haven has partnered with the State of Connecticut Comptroller to spread the word about a free prescription savings card for anyone living in Connecticut. No cost. No insurance needed. Just real savings and better access.

ArrayRx is a free prescription discount card program offered by the State of Connecticut. It helps people in our communities save money on their medications, no matter their age, income, insurance, or immigration status. Anyone who lives part- or full-time in Connecticut can sign up online or over the phone and begin using it right away. There are no fees, no applications, and no eligibility requirements. Just real savings on the medications people need to stay healthy.

Not sure if you would like to sign up? You can search for the price of any of your medications online before enrolling if that makes you more comfortable. The tool shows real-time prices at pharmacies near you, so you can compare and save.

For more info or if you would like assistance in signing up, you can call the ArrayRx Enrollment Line at 1-800-913-4146, Monday-Friday, 10:30am–8:30pm, contact Carla Picard in Community Services at 203-239-5321 x8504 or visit ArrayRxCard.com.

Our Journey of Sight Support Group

"Our Journey of Sight" - a low vision/blind support group meets monthly at the West Haven Public Library, 300 Elm St., West Haven, from 10am-noon on the 3rd Friday of the month.

This is not a regulatory group, but a group that provides monthly speakers, and support to each other during our journey of visual loss.

For more information, please contact Richard Howard at (203) 214-7631.

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Question & Answer - Dr. Richard Durocher

Q: My mom has pain in the space between her 3rd and 4th toes. She was told it was a neuroma. Please explain.

A: This type of neuroma, also called Morton's neuroma, happens more often in women than men. It is a benign enlargement of the nerve, usually between the 3rd and 4th toes. Initially a person may feel a dull pain, a stinging or burning sensation, but in time, severe pain develops.

Morton's neuroma results from pressure irritating the nerve. The pressure may be caused by bones that are abnormally close to each other. More often the problem is caused by narrow shoes that compress the fore foot or an unstable foot.

In less severe cases, the podiatrist can provide relief from the neuroma pain by injections, recommending more suitable shoes, and creating orthotics (shoe inserts) to relieve the pressure on the area involved. More severe cases can be treated by surgical removal of the nerve.

For further evaluation, contact Dr. Durocher.



Dr. Richard W. Durocher,
Podiatrist & Surgeon
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