## Edward Smith Library
3 Old Post Rd., Northford

**UPCOMING NOVEMBER EVENTS**

To register for events at the library, visit the Events Calendar at our website: https://northbranford.librarycalendar.com/ or call (203) 484-0469.

**Community Helper Storytime: Tues., Nov. 19, 10:30-11am.** Learn about different helpers in our community. We will read stories, sing-a-long to music, and have dramatic play activities. In November we we learning about chefs, waiters, and food service workers, and the role they play in our community. Recommended ages 3-5.

**Yin Yoga: Wed., Nov. 20, 10:30am-12:30pm.** Experience the benefits of Yin Yoga as presented by Erin Sian Brea. Participants should bring a yoga mat, strap and/or block if they have them. Second of three sessions.

**Lego Robotics: Wed., Nov. 20, 1:30-2:30pm.** Build with Legos and learn simple coding using Lego Education Spike Essentials Kits. Recommended Grades 1-5. Registration required.

**Secure Your Future - Retirement Planning: Wed., Nov. 20, 6-8pm.** Join the father/daughter team of Lou and Jessica Pelletier for a comprehensive retirement planning workshop. Uncover all Social Security selection options. Learn how recent changes impact non-spouse beneficiaries and learn strategies for drawing income from your assets. Plus, discover the legal documents every retiree should have. Registration required.

**Sailor's Sea Chest with Mystic Seaport Museum: Thurs., Nov. 21, 5:30-6:30pm.** Explore the items a sailor would have packed for a long journey at sea. We will analyze each of the objects and learn about the adventures on board 19th-century ships. For Grades K-6. Registration required.

**Tots & Tunes: Fri., Nov. 22, 10:30-11am.** 30 min. of songs, stories, and movement. Recommended for ages 18-months and up, with a parent or care-giver. Siblings welcome. Drop-in program; registration not required.

**Monday Night Mah-Jongg: Nov. 25, 6-8pm.** Those interested in playing Mah-Jongg are invited. Participants should bring their Mah Jongg sets.

## Appointments for 2024-25 CT Energy Assistance

**The Town of North Haven's** Community Services office is now conducting residents' appointments for the CT energy assistance program (CEAP). Energy assistance appointments are available by phone on Tuesdays & Wednesdays from 9am-11:15am.

Confirm your eligibility. Eligibility is based on total income of household members. Call (203) 239-2566 to see if you qualify or for explanation about required documents (below).

Gather your required documents (as applicable).

1. Social Security Numbers and dates of birth of all household members
2. Verification of any disability
3. Current active electric bill & gas bill (primary heated source must be in household name).
4. Income verification; If you or anyone in your household is employed, you must provide: A copy or photo of paystubs that show income from the previous 30 days or from 4 consecutive weeks anytime in the last 3 months, or a signed letter from payroll department/employer stating your gross income for the time period.
5. Current monthly Social Security, SSI, Veteran, or Pension benefit verification letter.
6. Department of Labor Unemployment Printout.
7. Child Support Enforcement Letter / SmiOne Printout.
8. Tenant's lease/contract that indicates heat is included in the rent.
9. Budget Sheet (if you receive SNAP, TFA Cash Assistance, CT State Supplement, Refugee Assistance, etc.)
10. If any household member is self-employed (e.g. freelancer, gig worker, entrepreneur, small business owner), they must provide: A completed Self-Employment Worksheet and a copy of their most recently filed IRS Form 1040 (including any attachments).

*Please note: Energy assistance determinations take forty-five (45) business days. For further explanation, to see if you qualify or to schedule your phone appointment, please call Community Services at (203) 239-2566 from 9am-4pm, Monday-Friday.

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**FOR SALE: China hutch, light wood w/tile top, glass doors $100; (203) 710-7260**

**FOR SALE: Toro Snowmaster self-propelled, 4 years old, needs tune-up $100 or best offer; (203) 484-4789 • FOR SALE: Meyer snow plow blade, 8 ft. long, commercial grade $100 or best offer. You pick up. Call (203) 627-6430, leave message • FOR SALE: Bench vise, 3-5/8", Craftsman (USA), 508-51801, swivel base, pipe jaws, anvil $40; (203) 606-0932**


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## Community Services 2024 Thanksgiving Food Distribution

**North Haven:** The Community Services Office is now welcoming North Haven residents to reserve their names for the 2024 Thanksgiving food distribution.

Thanksgiving food pickup will take place on Mon., Nov. 25, from 10-11am in the gym of the Recreation Center, at 7 Linsley Street (next to Town Hall Annex). Parking will be available along Linsley Street, in the front circle of the recreation center and at the North Haven Congregational Church, 28 Church Street.

Please contact Rob Snurkowski in the Community Services office any time between 9am-4pm, Monday-Friday at (203) 239-5321 x502 to sign up. ***Requests must be received no later than 4pm on Fri., Nov. 22.***

Currently, there is a need for: instant mashed potatoes, stuffing, turkey gravy, canned vegetables, canned cranberries, fruit cocktail and canned yams. Monetary donations are gladly accepted.

Beyond Thanksgiving, the food bank has a constant need for: mayonnaise, ketchup, mustard, coffee, tea, tuna, soup, any Chef Boyardee products, instant mashed potatoes, cookies, crackers, macaroni and cheese, protein bars, granola bars, trail mix, nuts, jerky, peanut butter crackers, graham crackers, dried fruit, fruit roll ups, fruit snacks, fruit cups, applesauce, pudding cups, peanut butter, jelly, pop tarts, cereal, oatmeal, pancake mix, syrup, fruit juice boxes and canned fruit.

These items can be dropped off to the Department of Community Services office, at the Town Hall Annex Building, 5 Linsley Street, from Monday-Friday, between 9am-4pm, from now until Wed., Nov. 20.

**FOR SALE: 1969 Camaro wall art photo print, 36"x24", sturdy, but flexible plastic, only one known to exist $50; (203) 239-8060 •**

**FOR SALE: 5-drawer chest, pine wood, medium brown color, brass handles, 40"Hx 36"Wx16"D, $30; (203) 627-6430, leave lessage •**

## Pancake Breakfast Held Honoring Our Well Deserved Veterans









**Pictured Top:** Veterans of Post 76 American Legions with sons. **Bottom:** A group of North Haven Rotary Club member volunteers, and a family enjoying their pancake breakfast. **Right:** 1st Selectman Mike Freda, Connecticut State Representative, Dave Yaccarino, missing from photo Connecticut State Senator, Paul Ciccarella.

**North Haven:** On Sunday, November 10, a wonderful pancake breakfast was held for veterans at the North Haven Middle School from 8am to 12pm which is held annually sponsored by the North Haven Rotary Club. There were so many veterans and residents that attended the breakfast which was held in the schools cafeteria where the Rotary Club volunteers cooked the delicious pancakes and sausages. Younger girl rotary club volunteers fixed everyone's coffee, tea and handed out orange juice for all to enjoy. The North Haven Rotary Club does such a great job for the community. A group of high school girls sang God Bless America as all attendees sang along. In attendance was North Haven's 1st Selectman, Mike Freda, Connecticut State Representative, Dave Yaccarino and Connecticut State Senator, Paul Ciccarella. Everyone enjoyed the breakfast with family and friends to honor our well deserved veterans who fought for our country and gave their all. We want to thank all our veterans and the North Haven Rotary Club for all they do and did for our country. God Bless All , God Bless America.

Story and photos by Jo Ann Buccetti


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Appetizers
Garlic Bread Parmigiana.....$3.75
Jalapeñõ Poppers.....sm $7.25 lg $12.25
Curly Fries.....sm $6.25 lg $8.25
Chicken Tenders.....sm $11.25 lg $19.95

Soup
NE Clam Chowder.....16oz $8.95 Qt. $11.95

Salad
Tuna Salad ..... sm $9.95 lg $13.95

Lunch
Turkey Breast or BLT (w/Cheese)..... hr $6.25 gr $9.95
Cheese Burger .....hr $6.75 gr $10.25
Tortellini Alfredo .....sm $9.95 lg $14.95

Dinner
Rosa Fettucini .....sm $12.95 lg $17.95
Eggplant Rollatini..... sm $13.95 lg $16.95
Chicken Pizzaiola.....sm $15.95 lg $19.95
Linguine w/ Clam Sauce .....sm $14.95 lg $19.95
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