Kiwanis Of Wallingford Annual Turkey Trot





Wallingford: The Kiwanis club of Wallingford held its annual turkey trot this Sunday. Ashley is their mission, all funds raised go to benefit local children related charities and in addition, go to fund three college entry scholarships.

This year there were more than 225 runners and friends and families throughout the run help to cheer on runners.

The above picture shows Wallingford Kiwanis members accompanied by the Cheshire Kiwanis who generously help with their time and volunteerism with this event. Picture to rhe right is the Fengler family of Wallingford who have participated in this trot numerous years and appreciate the Kiwanis' community support.

North Haven Garden Club Decorates Library Gardens For The Holiday Season



North Haven Garden Club member Cindy Adinolfi- chair of the library gardens- with help from her sister Claudia, decorated the pots and gardens at the North Haven Memorial Library for the holiday season. Cindy placed a festive snowman with a large top hat and carrot nose in one garden and another stacked snowman by the entrance to the library. The ladies also decorated 2 pots with festive candy canes, bow and greens.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net.

North Haven Garden Club is a member of The Federated Garden Clubs of Connecticut Inc., New England Garden Clubs Inc., and The National Garden Clubs Inc.

Article by Cindy Golia, photos by Cindy Adinolfi.

Edward Smith Library
3 Old Post Rd., Northford

UPCOMING DECEMBER EVENTS

To register for events at the library, visit the Events Calendar at our website: https://northbranford.librarycalendar.com/ or call (203) 484-0469.

Celebrate Public Works Storytime: Tues., Dec. 3, 10:30-11am. In December we will learn about the Department of Public Works, and the role it plays in our community. We will read stories, do sing-a-longs, and have dramatic play activities. Recommended ages 3-5.

Airdry Clay Ornaments: Thurs., Dec. 5, 5:30-6:30pm: Paint clay ornaments and sculpt an ornament. For grades K-6. Registration required.

Local Author Presentation with Peter J. Marzano: Thurs., Dec. 5, 6:30-8pm. Durham author Peter J. Marzano is the author of the award-winning historical-fiction trilogy *Litany of Sorrows, Search and Deception,* and *Taken from Carinhall.* Marzano will share his writing journey, with a Q&A following the presentation.

Tots and Tunes: Fri., Dec. 6, 10:30am-11am. 30 minutes of songs, stories and movement. Recommended for ages 18-mos. and up, with a parent or caregiver. Siblings welcome. Drop-in program; registration not required.

Make a Holiday Resin Coaster: Sat., Dec. 7, 11am-2pm. Make a beautiful holiday resin coaster from start to finish. If you were in the summer coaster class, we ask kindly that you let others enjoy this one. Materials and decorations supplied; feel free to bring your own decorations if you like. Registration required.

Booked on Sundays Group: Dec. 8, 1:30-4pm. Welcome to our "Silent Reading" program! Bring a book or borrow one of ours. Silent reading anywhere in the library, then gather in the Community Room to share what we are reading, give (spoiler-free) thoughts, and have open discussion about our titles. No specific books or subjects required. Bring a blanket or pillow to make things cozier. Coffee, tea, hot chocolate and light snacks provided.

Legos Robotics Homeschool Group: Mon., Dec. 9, 1:30pm-2:30pm. Build with Legos and learn simple coding using Lego Education Spike Essentials Kits. Recommended grades 1-5.

Monday Night Mah-Jongg: Dec. 2, 6-8pm. Those interested in playing Mah-Jongg are invited. Participants should bring their Mah Jongg sets.

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36th Annual Holiday Tea and Decoration Exhibit

Wallingford: The 36th Annual Holiday Tea and Decoration Exhibit, hosted by the Wallingford Garden Club will be held on Tues., December 10, from 1-3pm at the Wallingford Public Library (200 North Main St.), in the Community Room.

All are invited to join the Garden Club in celebrating the spirit of the holiday season. Drop in and treat yourself to delicious homemade sandwiches and sweets while enjoying the creative display of holiday decorations designed by Club members.

Fresh holiday arrangements will be available for sale. Bring your friends, family and neighbors to share the warmth of this holiday tradition.

Garden Club members will be on hand to share information about this community organization.

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Question & Answer - Dr. Richard Durocher

Q: I have burning in my feet. What causes this?

A: Burning in the soles of the feet can be due to different causes. Sometimes a person may get a burning for a short period of time, but there are times that it is long lasting. The sensation or pain can flare up with little or no provocation. Sometimes the problem can be traced to a person's shoe gear due to inappropriate fit or sensitivity to the chemicals used in the shoe linings. In other cases, the cause is more serious, involving health disorders such as impaired circulation, hypothyroidism or damaged peripheral nerves. Diabetes is one of the causes of nerve sensation changes.

To determine the actual cause may require examination, laboratory testing and a thorough review of a person's medical history.

Please contact Dr. Durocher for further evaluation and preventative measures that can be taken to avoid this problem.



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