Elks Donations For Our Veterans



Pictured: Our Elks helping to sort and package the donations.

North Haven: Recently the Elks Lodge #25 in conjunction with a Beacon Grant received from National Elks donated 60 bus passes, new hooded sweatshirts, gloves and hats for our Veterans through the Errera Center.

Elks Care, Elks Share Join Us today!

North Haven Senior Center Visits The 35th Annual Trees Of Hope



North Haven: The North Haven Senior Center visited the 35th Annual Trees of Hope, located at the Maritime Center in New Haven, to support the Ronald McDonald House of CT. This beautiful event featured 166 displays, donated and sponsored by the community.

Afterwards, we had lunch at the North Haven Olive Garden. Great company, great food, and lots of laughs!

Photo Submitted by Mary Higgins

Garden Club Members Attend Cheshire's 41th Annual Holiday Luncheon



Pictured Back row: Gerri Giordano, Cindy Adinolfi, Linda Lianos. Front row: Karin Pyskaty, Kim Carew, Cindy Golia, and Fran Notaro. **Right:** One of the 5 arrangements Carol made.

North Haven: On December 4th several members of the North Haven Garden Club attended the Cheshire Garden Club 41th Annual Holiday Luncheon, Boutique and Raffle which was held at Aqua Turf in Southington. After the social hour, which included browsing local crafters and artisans tables, floral designer and published author Carol King Platt was the the program speaker. All who attended were entertained by a hilariously funny program by Carol whose five glorious designs were raffled off after lunch.

North Haven Garden Club members who attended the luncheon were Gerri Giordano, Cindy Golia, Fran Notaro, Karin Pyskaty, Cindy Adinolfi, Linda Lianos and Poobnam Karnwal. It was a joyous celebration and everyone had a great time socializing with the many other guests that represented other garden clubs.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net.

Article and photos by Cindy Golia

New Collection Method for Bulk Trash in Hamden

The Town of Hamden will move towards a new method of collecting residential bulk trash by appointment-only.

The appointment-only bulk trash pickup program will take effect January 1, 2025.

Moving forward, residents may receive one (1) free appointment-only bulk trash pickup between January 1, 2025 and June 30, 2025. Residents may receive two (2) free appointment-only bulk trash pickups within each of the subsequent contract years, from July 1 to June 30 of each year, e.g. July 1, 2025 to June 30, 2026 and so forth.

Hamden residents should contact All American Waste at (203) 503-3782 no later than 1pm on the day prior to your regular trash collection day.

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Probus Launches Shoe Drive Fundraiser

Hamden: The Greater New Haven Probus is conducting a Shoe Drive fundraiser January 10 thru March 11, 2025, but kicking off **Right Now** to raise funds for our work supporting of those less fortunate in our communities. Greater New Haven Probus will earn funds based on the total weight of the pairs of gently worn, used and new shoes collected. Those dollars will benefit Probus.

Anyone can help by donating gently worn, used and new shoes by contacting us at Ghnhaven probus@gmail.com for pickup. Please continue to build a collection as we have limited resources to do multiple pickups.

All donated shoes will then be redistributed throughout a network of micro-enterprise (small business) partners. Our connection works with micro-entrepreneurs in helping them create, maintain and grow small businesses in developing countries where economic opportunity and jobs are limited.

Proceeds from the sales of the shoes collected in shoe drive fundraisers are used to feed, clothe and house their families. One budding entrepreneur in Haiti even earned enough to send her son to law school.

"We are excited about our shoe drive," said Les Faiman, of Probus. As we are NOT ASKING for MONEY, just your shoes. "We know that most people have extra shoes in their closets they would like to donate to us. By doing so, we raise money for Probus, and we have the chance to help families locally and in developing nations who need economic opportunities. It's a win-win for everyone."

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Question & Answer - Dr. Richard Durocher

Q: I am diabetic. I was told that I had an ulcer on the bottom of my foot. How serious is this?

A: Foot ulcers are among the most serious types of foot problems for a diabetic. It usually starts as a small opening or break in the skin. It later develops into a larger opening with a red edge. If treated early, it can be treated easily and quickly with conservative care and medications. If untreated, it could become infected and cause irreversible destruction of the soft tissue and possibly bone.

A person does not have to be a diabetic to get these ulcers, however, diabetics are more prone to ulcerations due to their circulation and nerve impairments. People with decreased blood flow and decreased sensation in the feet should be extra careful, and examine the feet daily to make sure that there are no cuts or open wounds on their feet. People should also avoid excessive pressure on vulnerable areas of the foot. Contact Dr. Durocher for further evaluation of this condition. Diabetics should be seen on a regular basis to prevent serious foot problems in their feet.



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