

North Haven Garden Club Junior Gardeners Holds Its First Meeting



Pictured Above: Ms Carmen, Ms Mini, Ms Maria, Arwen, mom Rachael, Neo, Michael Ms Cindy, and dad Rob.

North Haven: The North Haven Garden Club Junior Gardeners met for the first time on Saturday May 17th in the "Garden Of Eatin'" at Faith United Methodist Church. We were happy to welcome two new families to our group, Michael and his dad Ron and Arwen and Neo along with their mom Rachael.

In the raised beds we found a good crop of radishes, some mesclun lettuce and a very healthy oregano plant that returned from

last year. The radishes, lettuce and peas were planted in April by Ms. Marge, Ms. Lee and Ms. Maria.

The garden crew on Saturday were able to plant the rest of the front garden plot: Ms Carmen and Arwen planted string beans. Ms Maria, Neo and Rachael planted yellow squash, Ms Mini, Ms Cindy and Michael planted Zucchini squash, Ms Cindy and Michael planted bell peppers, Ms. Carmen and Arwen planted eggplants and Neo and his mom planted a few lettuce in a raised bed. Look on our Facebook page for more photos from the day.

As in the past few years, the

Junior Gardeners Club will donate a portion of its harvest to the Loaves and Fishes Pantry in New Haven. Each week, we will leave some of what we harvest at the church entrance, and church members will deliver the food to the pantry.

Don't forget to check out The North Haven Garden Club on Facebook for lots of useful and entertaining information and pictures of all our club does in our great town of North Haven! For membership information please email Italia at italia_a@comcast.net.

Article & photos by Cindy Golia

Garlic Mustard Removal At Tyler Mill Preserve



Pictured: Margaret Kitson and Rick Kitson with Garlic Mustard plant, and Ann Cohen DePalma with armful of Garlic Mustard.

Wallingford: Invasive Plant Clean Up Crew from the Wallingford Garden Club had a follow up event at Tyler Mill Preserve to continue with Garlic Mustard removal from the trails. The initial introduction by Conservation Commission Diane Saunders to the Tyler Mill Site included the identification and removal of the invasive plant Garlic Mustard before they went to seed. Sonya Wolff also provided a wild flower identification walk for the members. Wallingford Garden Club president Karen Ciosek and Conservation/Environment Chair Margaret Kitson had attended Wallingford Conservation Commission Meetings to learn of what Wallingford had to offer regarding Open Space Properties and Tyler Mill Preserve is a key site to explore.

I WAS JUST THINKING.....

By Sally J. Buemi
Selectman, Town of North Haven

I was just thinking about the Budget Referendum which took place on May 20, 2025. The big story was the large turnout – 2,576 people voted, the largest turnout in recent memory. For reference, the May vote in 2015 (in which the budget was defeated 885-510) only 1395 voted. Last year, in the second Referendum in June, the budget passed with 1609 total votes. I want to thank all those who voted this year.

But the bigger story was the overwhelming support for this new budget. The budget passed 1661 in favor, 915 against. Approximately 65% of the voters supported this budget, a very large margin of approval. However, let us not forget the significance of 915 "no" votes—we've had referendums with a total turnout of less than 915.

But the biggest story was the high number of voters who came out in the late afternoon. The polls were open, as

always, from 6AM- 8PM. I was there at 6 AM and I stood at the polls for over 10 hours. I kept checking the turnout every hour. It was fairly steady, and around 3:00 PM the turnout was about 1200. I knew there would be a surge after people got out of work, so I calculated maybe 1850 as the final turnout.

Boy was I wrong. More than half of the total voters came out in the last 4 hours of voting. It was a chaotic scene at the Rec. Center. I never saw anything like it. The line to check in was out the door, and once you voted, you had to wait in another long line to enter your ballot into the tabulator. It took some folks an hour to vote during this late afternoon rush. I want to commend the Registrars, the poll workers and the moderator who all did a fantastic job coping with this situation. And I thank the voters who waited.

No one could deny that the late afternoon PTA Popsicle Party on the Green

La Leche League Support Group June 11th Meeting

Hamden: La Leche League (LLL) of Hamden/North Haven will meet on Wed., June 11, 9:30am at Grace & St. John's Church, 2927 Dixwell Avenue. Led by accredited LLL Leaders, our Group will gather in the upstairs church living room. We meet on the 2nd Wednesday of each month.

Are you pregnant or a parent of a breastfeeding baby? Come to our free in-person meetings to get support and information on all aspects of breastfeeding and parenting. Women with their babies and young children are welcome from all surrounding towns of the Greater New Haven area.

We also provide phone and online help at any time with your questions/concerns, plus can give you info on additional virtual meetings held monthly in CT.

To RSVP and get details on our monthly meeting and for breastfeeding questions contact: Anne.M@LLLCT.org

WANTED: Buying older beer cans, flats, conetops, single cans or entire collections; (203) 915-7662

had a major impact on the turnout. That was the intent. As I said at the May Board of Finance meeting, it was a smart marketing maneuver. I hope that people will continue to vote, in even larger numbers, in future budget Referendums.

Our new budget is \$137.6 million – a \$9 million increase in spending. In addition to this spending increase, this was a reval year. The average homeowner will see a tax increase of about \$1,250. Some folks asked me how I calculated that, so here goes. Prior to reval, the average house was assessed at 210,000 and with the old mill rate at 34.64, the tax was \$7,274. With the reval, the average house assessed at 289,500 and with the new mill rate at 29.46, the tax will be \$8,528 which is an increase of \$1,254.

It is time to move forward, in a collaborative manner, to come up with strategic budgetary decisions. We need to start thinking long-term, rather than just budget to budget. I presented some ideas at the May Board of Finance meeting, and I will continue to encourage open discussions for the financial future of North Haven.

As always, you may contact me at sbuemi5@comcast.net.



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Question & Answer - Dr. Richard Durocher

Q: What is a bunion and what can be done about it?

A: A bunion is a bump that is present on the inside of your foot at the level of where the big toe is connected to the foot. It is actually a prominence of a bone at the great toe joint. In most people that great toe and attached bone are in good alignment, but in some people that bone points toward the other foot and the great toe points the other way. This can be painful as it progresses. The pain can be within that joint or on the bump itself. The bump may also have some redness and inflammation caused by irritation from the shoe gear worn, due to the tightness of the shoes.

The bunion can develop slowly from an imbalance of the muscles and structure of the foot. Inherited foot types can also contribute to bunion formation. To help slow the progression of the bunion, orthotics (custom arch supports) may be recommended. Wearing wider shoes can take some pressure off the bump to relieve the discomfort. For moderate to severe cases or when it is very painful surgical intervention is recommended to relieve the pain and realign the great toe/joint.

Contact Dr. Durocher for further evaluation of this condition.



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