

North Haven Lions Club Collects And Donates Over 1,200 Pairs Of Eyeglasses



North Haven: The North Haven Lions Club continues its commitment to vision health and community service with a successful eyeglass sorting and donation effort.

On January 19th, eight dedicated North Haven Lions gathered at the Congregational Church to sort donated eyeglasses, ensuring they were ready for redistribution to individuals in need. Following their efforts, club member Jim Bennett delivered an impressive 1,201 pairs of eyeglasses to UPS for shipment to the New Jersey Lions Eyeglass Recycling Center in Flemington, NJ.

The Lions Club's eyeglass recycling program helps provide the gift of sight to those who may not have access to vision care. Once received at the recycling center, the glasses will be cleaned, categorized,

and distributed to individuals in underserved communities around the world.

"We are incredibly grateful to the North Haven community for their generous donations and to our members for their dedication to this important cause," said Jim Bennett. "Every pair of glasses collected has the potential to change someone's life."

The North Haven Lions Club regularly collects eyeglasses at various drop-off locations around town. Community members are encouraged to continue donating their unused glasses to support this vital program.

For more information about the North Haven Lions Club and its service initiatives, please contact Jim Bennett at pdgjim98@gmail.com or visit our Facebook page.



Feeding Families Foundation Hosted Second Annual Winter Virtual Golf Event at Golf Cove in North Haven

The Foundation Celebrated the One-Year Anniversary of Its Parent Plate Program at Yale Children's Hospital

Feeding Families Foundation, Inc. (FFF), a nonprofit working to eliminate hospital food insecurity for the parents of hospitalized children suffering from critical illnesses, today announced that it will be holding its Second Annual Winter Virtual Golf Classic: Fore! Families of Hospitalized Children at Golf Cove in North Haven. The event will celebrate the one-year anniversary of FFF's Parent Plate Program at Yale New Haven Children's Hospital.

The Parent Plate Program covers the cost of meals for the parent/caregiver staying with their ill child in the hospital, and has those meals delivered to the room so parents do not need to leave their child's side. It started by providing one meal per day to the parent/caregiver staying with their child on the pediatric hematology/oncology floor of Smilow Cancer Hospital. It now offers two meals per day to those families.

In the last year, the Parent Plate Program provided almost 1,500 meals to parents/caregivers staying with their ill child on the pediatric hematology/oncology floor at Yale Children's. Combined with FFF's Local Food Fare Program, over 2,500 meals have been provided. Adding in the 1,000 meals provided at Connecticut Children's Hospital, FFF has provided over 3,500 meals to Connecticut families staying with their critically ill child in the hospital.

"Reflecting on the past year, we are filled with deep gratitude for the extraordinary support of our donors," said Jeff Dorman, Co-Founder and Chair of Feeding Families Foundation. "Together, we've achieved so much - from expanding our programs to creating lasting, meaningful change that has touched countless lives. Celebrating alongside our donors and supporters at the second annual Golf Cove event will be a powerful reminder of the vibrant, united community we've built. We are truly thankful for their unwavering commitment,

which remains essential to our mission and continued success."

The golf event took place Saturday, January 25, 2025, at Golf Cove located at 336 State Street in North Haven. A Kids Program was held from 9am-11am and free to children. After from 12-2:30pm and 5pm three waves of players with teams of 4 played 9 hole scramble.

A special thank you to all of the sponsors of the event this year. Platinum sponsors Kenyon Electric Grills and Modern Apizza. Room sponsors Town Fair Tire, Legacy Law Partners, DMC Law, Smedley Aerial Lifts, Raymond James, and United Illuminating. Kids Program sponsors Chik-fil-A, Connecticut Health Foundation, Anna Buono (Realtor), Connecticut Orthopedics, Ferraro's Market, and Dental Implants and Periodontics of Connecticut. Food Sponsor National Lumber. The Behavioral Corner is the honorary sponsor this year.

WANTED: Collector wants to buy early historic New Haven County related items, maps, books, engravings, paintings, paper items or actual products; (203) 915-7662

FOR SALE: Pro Trax 2000 cross training treadmill, exc. cond. \$50; DP Air Gometer exercise bike, perfect cond. \$50; call Rob, (203) 747-1732

WANTED: WWII Vets, immediate cash for all German helmets, hats, daggers, flags, medals, uniforms, patches. Collector will beat all dealer offers; (203) 932-0750

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Question & Answer - Dr. Richard Durocher

Q: What is a stress fracture of the foot and how is it treated?

A: A stress fracture is a crack in the bone that can result from overuse of the foot. It often occurs when an athlete increases his/her activity level too rapidly or when an individual, who may be out of shape, tries to overdo it. The symptoms are often pain and swelling that increase with activities and improve with rest. The most common bone affected is the second metatarsal, (the long bone in the middle of the foot). This fracture may not show up on a standard x-ray. If symptoms persist despite normal x-ray findings, a bone scan is the most definitive diagnostic tool for a stress fracture.

Treatment is usually immobilization with a below-knee walking cast for 6-8 weeks. Orthoses (custom arch supports) may be prescribed to prevent future injuries if poor foot mechanics contribute to the fracture. Muscle strains may also cause pain in the foot. It is recommended to see the podiatrist to be sure that the pain in the foot is in fact a fracture so it can be diagnosed and treated.

Contact Dr. Richard Durocher for evaluation of this condition. Doctor is fluent in French & Spanish



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