

North Haven Taking Back Unwanted Prescription Drugs - April 26th at Fire Headquarters

On Saturday, April 26, from 10am-2pm, the Town of North Haven and the Drug Enforcement Agency (DEA) will be teaming up once again to give the public the opportunity to prevent pill misuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs. This event is open to any residents from any town.

Visitors are asked to bring medications for safe disposal to North Haven Fire Headquarters at 11 Broadway. The service is free and anonymous, with no questions asked. This is the 31st National DEA Takeback Day, with collection events taking place every April and October.

This is a drive-through drop-off event. Visitors simply need to pull down the driveway of Fire Headquarters and drive around to the back of the building, where they will be greeted by staff to accept the medications. Visitors will be asked to

remain in their vehicles and to hand the medications through the window to the staff. Visitors are discouraged from exiting their vehicles or walking up to the disposal tables.

Vapes and other e-cigarette devices or cartridges are also now being accepted; please remove the batteries before dropping these items off for safe disposal. Items that will not be accepted include syringes, needles or other sharps, inhalers, such as those for asthma, aerosol cans, mercury thermometers, iodine-containing medications and illegal drugs or substances (including marijuana which is still a schedule 1 drug under federal law).

Please leave all medications in their original containers if possible. Cross out the person's name with a black marker to ensure privacy.

For more information, please contact Carla Picard in Community Services at (203) 239-5321 x504.

Red Cross Blood Drive

The North Haven Sons and Daughters of Italy, Lodge 2805 will be hosting a Red Cross Blood Drive on Mon., June 2, from 10am-3pm at Hope Christian Church Hall, 211 Montowese Avenue.

Help us contribute to the blood banks for the summer by making an appointment! Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org.

Al-Anon 12-Step Program

Does someone else's drinking trouble you? Do you feel that there is no one who understands your problems? Attending Al-Anon and Alateen Family Group meetings can help.

In Al-Anon, members do not give direction or advice to other members. Instead, they share their personal experiences and stories.

To learn more, browse the website ctalanon.org. To find a meeting in CT, please use the Meetings tab at the top of the page. Alternately, calls can be made to 1-888-825-2666.

Senior Center Seniors Enjoy Trip To Elvis Tribute



Pictured Top: North Haven members enjoying a day with friends and family. **Bottom:** Richie Santa's performing, Richie Santa's and Jo Ann Buccetti, and Richie Santa's and Kathy Smith.

North Haven: Members of the North Haven senior center enjoyed a bus trip by Friendship Tours with another group from St. Teresa of Trumbull to Bolton Connecticut at the Villa Louisa to see Richie

Santa's performance of singing and swaying on the Villa's stage. Richie did a great job of performing for the tribute to Elvis, there were over 100 people that enjoyed a luncheon and the wonderful performance of Richie Santa's. It was a great day out with friends and family who enjoyed a great time together.

Story and photos by Jo Ann Buccetti

Low Cost Pet & Wellness Clinic For Seniors And Veterans Coming To North Haven



Pictured: Oakview Housing senior Paula with her granddaughter Emelia, and their furry friend lovely Stanley who they love very much.

North Haven: Pets are important to seniors, they are our constant companions and part of our family. We love them very much and we would be lost without them. Pet owners mark your calendars, a special Pet Health and Wellness Clinic is coming to the North Haven senior center on Friday, May 23rd from 9:00am-12:00pm. This event is designed especially for seniors and veterans, offering low-cost veterinary services to help keep our furry companions healthy and happy. Please call the senior center at 203- 239-5432, for info for your furry friend today, registration is required.

Story by manager, Paulette Demaio , and secretary Laurie Feldman, photo by Jo Ann Buccetti.



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Question & Answer - Dr. Richard Durocher

Q: I have a toenail that has been painful and blackened since yesterday. What causes this and how can it be treated?

A: The sudden blackened color under the toenail is usually indicative of blood under the nail caused by some type of injury. The injuries can be from repeated nail trauma from the tip of the toenail coming in contact with the tip of shoe gear during jogging or sports activities. It can also be a result from dropping something heavy on the end of the toe resulting in either a tear in the skin under the toenail and/or a broken toe bone. The blood under the toenail is also called a hematoma.

Treatments for this injury will vary depending on its level of involvement. It is important to see a doctor to evaluate and treat this. X-rays may need to be taken to determine if a bone is broken. Some treatments include creating a hole in the nail to relieve the pressure caused by the blood, which relieves some pain, and removal of the toenail if a tear in the nail bed or a fracture is suspected. If there is a torn nail bed or a severe fracture, they will need to be repaired.

Please call Dr. Durocher's office to set up an appointment for further evaluation.



Dr. Richard W. Durocher,
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Dr. Preeti K. Chandhoke & Dr. Jonny Feldman

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