

ComForCare Home Care Grand Opening In North Haven



Pictured (L-R): Manjula Chhabra; Rajdeep Komal; Gary Ciarleglio, Vice President, Sales & Relationship Management, Quinnipiac Chamber; Naresh Komal; Pradeep Chhabra; Ayush Chhabra; Rajni Komal, Owner; Pushpa Chhabra & Mike Freda, First Selectman of North Haven.

North Haven: The Quinnipiac Chamber of Commerce was delighted to organize a Grand Opening/Ribbon Cutting ceremony for ComForCare Home Care located at 500 Washington Avenue, North Haven, CT on Saturday, October 5, 2024.

ComForCare Home Care is a franchise of premier in-home care providers. They take time to understand the needs of their clients and work diligently to keep them safe at home. With ComForCare, clients can live independently and continue to do the things they love. Their company provides services of companionship, socialization, and basic needs support to their clients treating them as their own family. They promote standards of care such as respect, dignity, empathy, and compassion tailoring services to the needs of their elders and do their best to make the lives of their clients and their families easier.

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For more information on the services they offer, visit their website at <https://www.comforcare.com/connecticut/new-haven>



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17 Broadway, North Haven

Local Small Business "Kiddie Kabz" Seeks Coat Donations

North Haven: Kiddie Kabz is hosting a coat drive to collect clean gently worn or new coats on Thursday, October 17, 2024 between 9:00 am and 5:00 pm at 250 State Street, North Haven, CT. Area residents are invited to make a difference in our local community by donating to the coat drive and helping Kiddie Kabz reach their goal of collecting 500 coats and 500 dollars.

"We are excited about our upcoming One Warm Coat drive and invite the community to participate and support our efforts. The need for shelter from the elements is especially urgent now as more than 37 million Americans are living at or below the poverty level and struggling to afford basic necessities. All of the coats we collect will be distributed in our community to help our neighbors stay safe and warm this winter," said Coat Drive Organizer and local resident, Tonya Chapman.

Last year, One Warm Coat's volunteers collected more than 500,000 coats that were distributed to children and adults in need across the United States. "We're grateful to volunteer Coat Drive Organizers like Kiddie Kabz! It's because of our incredible volunteers that so many coats are saved from landfills and given a second life providing warmth to people in need. Thanks to Kiddie Kabz's efforts, many people in this community will be warm this winter", said Beth W. Amodio, President and CEO of One Warm Coat.



Agency on Aging
OF SOUTH CENTRAL CONNECTICUT

Need Someone To Reach Out To You?

The Agency on Aging of South Central Connecticut -- Your Advocate for Independence® has an announcement:

Senior Residents living alone are welcome to contact our Volunteer Representative, Janet, if you wish someone to reach out to you to see how you are doing or just to say hello.

Please call Janet at (203) 500-9359.

10 Tips to Manage Stress with Dr. Wendy Hurwitz

Stress happens to all of us. Up to 90% of all visits to the doctor's office are stress-related, according to Harvard. Stress can be considered as much a risk factor for disease as smoking.

Whatever your age or situation, this presentation with Dr. Wendy Hurwitz will provide 10 tips to manage stress. Everyone will learn a technique to minimize stress and maximize vitality.

Free and open to all towns, this presentation will be held on Sat., October 26, from 1-2pm at the Meriden Public Library, 105 Miller Street.

To register, please call the Library at: (203) 630-4730 or register online at: <https://www.meridenlibrary.org/event/10-tips-manage-stress-17240>.

WANTED: WWII Vets, immediate cash for all German helmets, hats, daggers, flags, medals, uniforms, patches. Collector will beat all dealer offers; (203) 932-0750

FOR SALE: Yankee bobbleheads, Damon Wells, O.C. motorcycle, Allstar tractor trailer 2008 \$40 all; (203) 671-2558

WANTED: Collector buying old photographs from the 1800's on glass, tin or paper, of people, places or things; (203) 915-7662

FOR SALE: 2-shelf metal cabinet, 23"Wx30"T x13"D \$20; (203) 239-8060

North Haven Taking Back Unwanted Prescription Drugs - Oct. 26th

On Saturday, October 26, from 10am-2pm, the Town of North Haven and the Drug Enforcement Agency (DEA) will be teaming up once again to give the public the opportunity to prevent pill misuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs. Visitors are asked to bring medications for safe disposal to North Haven Fire Headquarters located at 11 Broadway. The service is free and anonymous, with no questions asked. This is the 30th National DEA Takeback Day, with collection events taking place every April and October.

This is a drive through drop-off event. Visitors simply need to pull down the driveway of Fire Headquarters and drive around to the back of the building, where they will be greeted by staff to accept the medications. Visitors will be asked to remain in their vehicles and to hand the medications through the window to the staff.

Visitors are discouraged from exiting their vehicles or walking up to the disposal tables.

Vapes and other e-cigarette devices or cartridges are also now being accepted; please remove the batteries before dropping these items off for safe disposal.

Items that will not be accepted include syringes, needles or other sharps, inhalers, such as those for asthma, aerosol cans, mercury thermometers, iodine-containing medications and illegal drugs or substances (including marijuana which is still a schedule 1 drug under federal law).

Please leave all medications in their original containers if possible. Cross out the person's name with a black marker to ensure privacy.

For more information, please contact Carla Picard in Community Services at (203) 239-5321 x504.

Question & Answer - Dr. Richard Durocher

Q: What is a bunion and what can be done about it?

A: A bunion is a bump that is present on the inside of your foot at the level of where the big toe is connected to the foot. It is actually a prominence of a bone at the great toe joint. In most people that great toe and attached bone are in good alignment, but in some people that bone points toward the other foot and the great toe points the other way. This can be painful as it progresses. The pain can be within that joint or on the bump itself. The bump may also have some redness and inflammation caused by irritation from the shoe gear worn, due to the tightness of the shoes.

The bunion can develop slowly from an imbalance of the muscles and structure of the foot. Inherited foot types can also contribute to bunion formation. To help slow the progression of the bunion, orthotics (custom arch supports) may be recommended. Wearing wider shoes can take some pressure off the bump to relieve the discomfort. For moderate to severe cases or when it is very painful surgical intervention is recommended to relieve the pain and realign the great toe/joint.

Contact Dr. Durocher for further evaluation of this condition.



Dr. Richard W. Durocher,
Podiatrist & Surgeon
Board Certified

Member of the American College Of Foot & Ankle Surgeons
Doctor is fluent in French & Spanish

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The North Haven office is staffed by
Dr. Preeti K. Chandhoke & Dr. Jonny Feldman

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