PHOTOS

“Wellbeing Fair” connects students with resources

Lily Rand
Photo Editor

On Sept. 16, students gathered at the “Wellbeing Fair” to learn more about the support systems available to them on campus. The event was designed to encourage students to prioritize their well-being while creating opportunities to connect with peers, faculty and campus organizations. Throughout the fair, attendees stopped at informational booths, spoke with campus representatives and explored programs intended to support academic success and personal growth. Organizers created an inviting atmosphere that encouraged students to ask questions and engage with resources they may not have otherwise encountered. Music and activities helped draw students into the event, transforming the space into a welcoming community gathering. Free food, ice cream and raffle prizes gave attendees a chance to relax while learning about services related to mental health, stress management and self-care. Conversations between students and organization members highlighted the variety of resources available throughout the academic year.

Photos: Lily Rand

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Student answering the question “What fills your cup?”



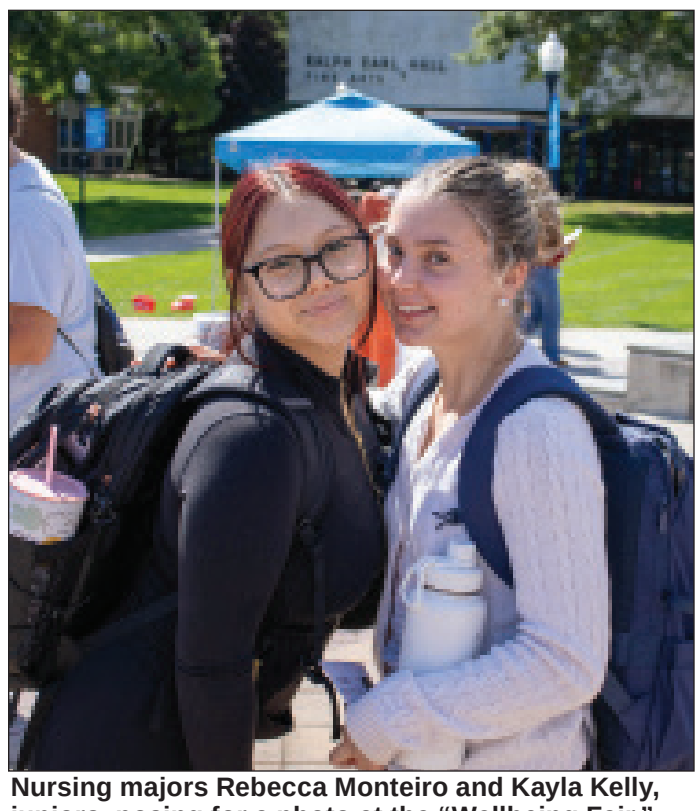
Students lined up to check into the event.



Affirmation board at the event filled with affirmations written by students.



Two students checking into the “Wellbeing Fair.”



Nursing majors Rebecca Monteiro and Kayla Kelly, juniors, posing for a photo at the “Wellbeing Fair.”



A student being handed an event passport to visit tables in order to get a free T-shirt and ice cream.



Counseling Services table at the “Wellbeing Fair.”



SAGE Center member checking off event passport for students after they came to their table.



Exercise science majors Melody Rowe-Cary and Molly Bates, freshmen, standing for a photo.



New Haven Coalition for Active Transportation representative talking to Wellbeing Coordinator Allyson Regis about riding bikes.



Students getting their free Ben and Jerry’s ice cream.



Alcohol and other drug services table being visited by students.



Counseling Services representative handing out resource information and de-stressing tools.