

Friendship bracelets with Chase Hall RAs

By Lexi White
Features Editor

The best way to unwind after a long day of learning is by doing something relaxing. The Chase Hall Resident Advisors, or RAs, enacted this idea and hosted a friendship bracelet making event for their residents.

The RAs who hosted this event were nursing majors Prisilla Tshinguta and Hillary Lim, seniors. They are both RAs on the sixth floor in Chase Hall and wanted to help residents become acquainted with each other during their first few weeks on campus by hosting their event on Sept. 9.

“Some of the freshmen came here with no friends, so if they all gather here and get to know each other and make little conversations, then maybe they will end up walking together to class or to the cafeteria,” Tshinguta said.

Tshinguta and Lim had \$50 from Residence Life, or ResLife, for their budget for their first event of the semester.

“We were kind of limited on what we could

do, and I feel like this is something affordable and fun that will bring all the residents together,” Tshinguta said.

The start of this school year was also the start of Lim’s first semester of being an RA. Lim said that she and Tshinguta make a great team, especially when it comes to figuring out event ideas.

Lim said: “She brought up friendship bracelet making, and I loved it. So, we kind of just rolled with that and thought that it would be a good way for students to relax at the end of their day.”

Once the RAs had their event idea figured out, they emailed ResLife a list of items that they needed: string, beads, snacks and drinks.

“Southern makes it easy to have this stuff ordered,” Lim said. “I emailed ResLife what I needed, and it was here the next day, so to have this event like a week later was really nice.”

Students made their own personalized friendship bracelets while enjoying free snacks and talking to the other students living in their building.

“I think our event is

beneficial in the social aspect because residents are able to meet people on different floors, and I was able to meet the residents who are not on my floor,” Lim said.

Art history major Ryenne Davis, a freshman, was one of the students who attended the friendship bracelet making event. She said she came to the event because she was done with her schoolwork and wanted to give herself a way to relax.

“I think this helps students de-stress because crafting activities are very helpful,” Davis said.

Another student who attended the event was finance major Luke Martinez, a freshman. He said he came to this event with his friends after leaving swim practice.

“This event is good for students because we can connect with each other and hang out with friends without being in a dorm or going out somewhere,” Martinez said.

Martinez made his own bracelet and described this event as “chill, in the best way possible.”



Residents of Chase Hall making friendship bracelets.

PHOTO | LEXI WHITE



Finance major Luke Martinez, a freshman, making his bracelet in Chase Hall.

‘Speed friending’ with RHA

By Lexi White
Features Editor

Most know that speed dating is a way to find a potential romantic partner, but the Residence Hall Association, or RHA, came up with a unique way for students to get acquainted on campus: “speed friending.”

During the RHA’s summer training sessions, members were to come up with event ideas for the semester. That was when marketing major Murielle Myrtil, a sophomore, thought of this creative friend-making activity.

Myrtil said that during her freshman year, she did not start making friends until the middle of the fall semester. She wanted to create an event that caters to those who have a hard time making friends.

“In our generation, making friends is not as natural, and sometimes college could feel cliquy in a way,” Myrtil said. “I feel like the sole purpose of this event is to leave with a new friend in a way that isn’t awkward or weird because everyone here has the same intentions.”

Just like speed dating,

“speed friending” consists of people sitting across from each other at a table. They have 5 minutes to talk about their interests, career goals and whatever else they please.

In addition, RHA supplied students with question cards to help get the conversation going. When time is up, one side of the table shifts down a seat so that they can get to know someone else.

RHA also provided pizza for the students who attended their “speed friending” event.

Myrtil said, “I feel like this will help the introverts who want to become more extroverted and have a safe space to do so.”

The vice president of RHA, health and wellness coaching major Ta’Niyah Mabry, a sophomore, said she was very excited that Myrtil came up with this event idea.

“Our biggest thing when we were freshmen was that we wanted to have that space where we could actually meet people,” Mabry said. “This is our chance of giving people the perfect opportunity to do that.”

Mabry said that her goal for this event was to help students get out of

their shells and interact with each other.

“I want students to know that feeling alone and isolated in college is completely normal,” Mabry said.

Recreation and leisure studies major Lindsey Caplan, a freshman, said she did not know what to expect from this event since she had never heard of “speed friending” before.

“I am definitely more introverted, and I came to this event because I want to get out there more,” Caplan said.

Another student who wanted to get out of her comfort zone was human resource management major Chrysannia Tibby, a freshman. She came to RHA’s event in attempts to make new friends.

“After I get out of class, I usually go straight to my dorm,” Tibby said. “So, an event like this is helping me to get out and socialize.”

Interdisciplinary studies major Ashley Jenner, a freshman, was another student who wanted to expand her horizons.

“Meeting new people makes me nervous, but it makes me feel better that everyone is in the same boat,” Jenner said.



PHOTO | LEXI WHITE

Students getting ready to start the “speed friending” event.



Goodie bags provided by Residence Hall Association for the students who participated in their event.

Owls Decide
Summer or fall?

By Lexi White
Features Editor



“My birthday is in October, so obviously I like fall. I like the weather.”
-Chemistry major Monserrat Martinez-Garcia,



“I prefer summer because we’re on vacation. I have time to myself, and I could be outside under the sun.”
-Business management major Arleny Abreu, a freshman



“Something about the fall just hits different. With the seasons changing, it’s getting to that hoodie type of weather and pumpkin carving is so fun.”
-Nursing major Finn DeMott, a sophomore



“I prefer summer because I like the weather, and we don’t have school.”
-Sociology major Larry Freeman, a junior



“I like fall because summer has no holidays, but in the fall, you have Halloween. Plus, in Connecticut, it gets really beautiful.”
-Computer science major Joseph Busalacchi, a freshman



“I prefer fall because I was born in the fall.”
-Studio art major Daniel Santiago, a junior