Mike Tyson vs. Jake Paul stuns fans

By Solé Scott
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The long-awaited fight between an influencer and a boxing legend finally took place, streaming to 108 million people around the globe.

On Nov. 15, Netflix had a four-fight match card prepped for lives-treaming. The main event was Tyson vs. Paul.

Mike Tyson, 58, vs. Jake Paul, 27, in a boxing match; what was even the point?

The biggest issue was Netflix's servers. Thousands of people were unable to fully watch the livestream because it kept crashing.

The rules of this bout between Tyson and Paul were eight rounds, two minutes each.

The fight began with Tyson taking forceful strikes at Paul. It was impressive to see Tyson move like his younger self, but that only lasted two rounds.

After those two rounds, Tyson was barely able to move.

His footwork and movement around the ring suddenly were paused, and that allowed Paul to land striking blows.

It was embarrassing and sad to watch the legendary Tyson falter like a crippled old man. Tyson's last professional fight was in 2005 against Kevin McBride by a technical knockout.

Now, there are many speculations about the authenticity of this fight. Since Paul's first fight in 2020, it has been rumored that his fights are scripted. It feels as though it could have been the case here.

Paul has a record of 11-1, with one loss against Tommy Fury. Fury is the first and only boxer in his prime that Paul fought, which might show that he is scared to fight more equal opponents.

There were several instances in the later rounds where Tyson hesitated to punch Paul, causing him to flinch.

Now, that could just be a strategy to strike fear in an opponent, but when someone has a wide-open hit and does not take it, it looks questionable.

We knew in advance that Tyson would be paid $20 million whether he won or lost, guaranteed.

Tyson was also awkwardly biting his glove throughout the fight. He blamed it on "old habits" in his post-fight interview with Ariel Helwani. Watching it, it felt like he was biting his glove to resist the urge to actually beat Paul.

This fight was a scam and did nothing but prove to the world that Paul is not a serious boxer, as all his opponents are either well out of their prime or not a professional boxer. Yet, it did put a small damper on Tyson's legacy and professional boxing card.

As of Nov. 21, Netflix was hit with a class action lawsuit of $50 million due to poor streaming.

If Paul wants to be respected professionally, then he needs to be serious and start fighting boxers in their prime who have publicly called him out to fight. Until then, he will continue being a social media star looking for publicity and a heavy cash bag.

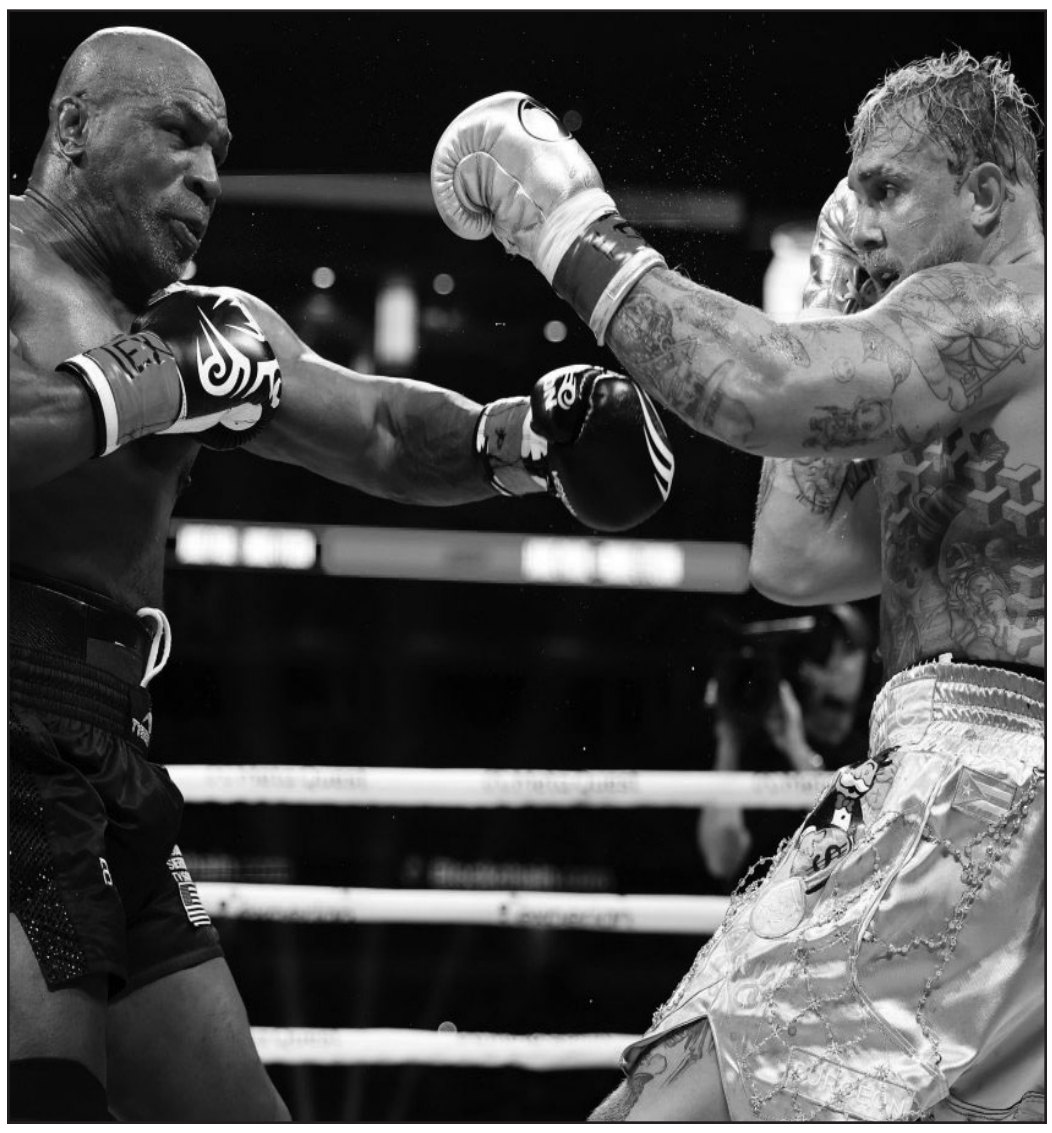


PHOTO | INSTAGRAM

Mike Tyson and Jake Paul mid-fight, attempting to land punches on each other.

Up-and-coming artist spotlight: Millyz

By Jay'Mi Vazquez
Managing Editor

Millyz is an artist who has quietly amassed a loyal following.

Although, he still remains largely underrated in the mainstream rap scene.

From Cambridge, Massachusetts, Millyz has been grinding in the underground rap scene for years.

He has cultivated a style that blends intricate lyricism, raw storytelling and a commitment to his craft.

Despite these strengths, he has not quite reached the level of recognition that many of his peers have, leaving some to argue that he is one of the most underrated artists in the game today.

One of the reasons Millyz remains underappreciated is his commitment to staying authentic to his roots.

In an era where virality, trends and gimmicks often dictate success, Millyz has stuck to the core principles of hip-hop: lyricism, honesty and a dedication to the art.

His songs are often reflective, telling tales of struggle, personal growth and the realities of his life in Cambridge.

He is not trying to appeal to the masses with catchy hooks or manufactured personas.

Instead, Millyz crafts music that feels real and unfiltered, which may not always align with the current trends of mainstream rap.

While the trap sounds, catchy melodies and quick hooks dominate the charts, Millyz is focused on the craft of writing meaningful verses.

He has also mastered the art of creating music that stands the test of time.

His ability to balance real-world experience with poetic lyricism speaks to his skill as a writer and performer.

Millyz's lack of mainstream success can also be attributed to his independent approach to the music industry.

Unlike many artists who sign with major labels and gain instant access to marketing muscle and radio play, Millyz has operated largely outside of the traditional music industry structures.

He has maintained creative control over his work and has built his career organically, relying on his grassroots fan base to propel him forward.

While this has allowed him to maintain his artistic integrity, it also means that he has not had the same kind of mainstream exposure that artists signed to major labels have.

Millyz's refusal to compromise his artistic vision in exchange for commercial success is admirable, but it is also a reason why he has not reached the heights of some of his contemporaries.

Another factor contributing to Millyz's underrated status is the competition within the rap game itself.

In recent years, the rap scene has been flooded with talent, and it can be difficult for any artist to rise above the noise.

While Millyz is undoubtedly talented, he faces stiff competition from a wide range of artists who have mastered the art of blending street credibility with commercial appeal.

With so many other artists commanding attention, it is easy for someone like Millyz — who does not rely on flashy antics or viral moments — to get overlooked.

Despite these challenges, Millyz's work continues to shine. All of his mixtapes, singles and albums showcase a level of lyrical sophistication that many of his peers lack.

His ability to paint vivid pictures with his words and blend introspection with street wisdom is something few can do as effectively.

Moreover, Millyz has shown growth as an artist, expanding his range by collaborating with a diverse group of artists, including some from the more commercial rap world, like Jadakiss and Benny the Butcher.

These collaborations have allowed him to build credibility within the rap community, but they also demonstrate his adaptability and willingness to push his sound in new directions.

Ultimately, Millyz is an artist whose time is coming. It is only a matter of time before more people start to realize the depth of his talent.

Millyz's consistent output of quality music makes him one of the most underrated and underappreciated artists in the game today.

Creating a community with recreation therapy

By Avery Martin
Contributer

Within the College of Health & Human Services, the recreation and leisure major aims to use sports and other activities to provide therapy to individuals with disabilities.

"We treat individuals who have disabilities, all types of abilities and disabilities, and all ages," Shelby Segala, a recreational therapist who works in the program, said.

Students in the recreational therapy concentration have assisted in running events on campus geared toward those with disabilities.

In the past year, they have facilitated games of wheelchair basketball, as well as goalball and beep baseball for the visually impaired.

Segala said that promoting inclusion and diversity through sports is essential to recreation therapy, which focuses on the patient's individual goals and uses evidence-backed therapies to work on improvement.

The program also allows students to get hands-on experience, working in the on-campus clinic that services individuals from the New Haven area.

"We run therapeutic programs for individuals with disabilities in the community. We also offer programs for students on-campus," Patricia Paugas, the program coordinator for the Institute for Adapted Sports and Recreation, said.

A large part of the clinic includes working with the Hamden Transition Academy, a program run by Hamden Public Schools that helps individuals ages 18-22 with disabilities adapt to independence after high school.

"It supports students as they graduate high school," Paugas said. "They are not going to go to college or get a full-time job quite yet. They need some more of the social skills and life skills."

Segala said working with students from the academy allows those in the recreational therapy concentration to create programs specifically tailored to the needs of the individuals.

"We do things like focus on communication skills, social skills and self-esteem," Segala said.

Paugas said recreational therapy students are involved in planning and facilitating therapy sessions and experiences for the Hamden students.

"My students from the class REC 220 do recreational activities with the students from Hamden," Paugas said. "It's great. Our students forget that they have disabilities because it is all about inclusion."

Sports management major Sean Barkasy, a junior, has had the opportunity to work with the Hamden Transition Academy in a student mentor role.

"I like working with them, just because you go into the day, and you might be having a bad day, but you leave work with them, and you are a way happier person," Barkasy said.

Some of the highlights of the program for Barkasy include working with Hamden students through the recreational therapy department, having lunch with them and including them in on-campus activities.

He says the goal is to incorporate them into the university's student body.

"I think it is all about making them feel more included in things. They are a group that is often ostracized from society and kind of left to be on their own with little to no help," Barkasy said. "So, I think it's really important that we keep including them in things."

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