Nintendo Switch won at gaming tournament

By Lexi White
Features Editor

Friendly competition and good vibes filled the room as students raced for a Nintendo Switch.

The E-Sports Lounge in the Adanti Student Center and the Programs Council, ProCon, hosted a Mario Kart racing tournament for students; the first-place prize was their very own gaming console.

"We wanted to host this kind of event because it can bring out the inner child in people," nursing major Saana Mohammed, a junior, said. "Students get to show what they're passionate about through playing against their peers."

Mohammed is a programmer for ProCon and said she played Mario Kart when she was younger. She said the competition was hosted on Feb. 27 to bring students closer together through a common hobby.

"Connecting people is important to us," Mohammed said. "We wanted students to be able to unwind and relax after a long day of classes."

Biology major Tatiana Shepard, a sophomore said she came to the event because she loves to play video games and Mario Kart is nostalgic for her.

"I wanted to see if I was still good at the game, but sadly that didn't work out," Shepard said. "This experience was about having fun and meeting new people."

Shepard said she connected with other students while being at the tournament.

"The environment here is so special and I get to talk to people about Mario Kart and everything else," Mohammed said. "I'm having a really good time."

Mohammed said she needed to relax after working all day and this event helped her to do so.

"It is really nice to be around other students with the similar interest of gaming and I think that's important to have here on campus," Mohammed said.

Business major Oscar Magana, a junior, said he entered the competition at the last minute. He said he was playing his own game in the E-Sports lounge, heard ProCon members talking about the Mario Kart tournament and decided to give it a shot.

"I never played Mario Kart growing up, but that didn't stop me from having fun and trying something new," Magana said.

Magana said he had a few exams this week and playing video games helped him to relax after being stressed.

"It's nice to have an escape from academic learning and have a fun moment to end the day," Magana said.

Interdisciplinary studies major Lincoln Carroll, a senior, plays the game regularly and said he was excited to hear about the tournament.

"I've found that I'm pretty good at Mario Kart," Carroll said. "I can play it without needing to think that much about it because I play it to relax after classes."

15 students entered the tournament; every person played until there were three winners left. Those three students competed in the final round. Carroll won the whole competition and was awarded the Nintendo Switch console as the first-place prize.

"I wanted to win the tournament so I can give my friend the Nintendo Switch," Carroll said. "He is one of my best friends and I hope is very happy when I give this to him."



PHOTO | LEXI WHITE

Interdisciplinary studies major Lincoln Carroll, a senior, with the Nintendo Switch he won at ProCon's event.

Ozempic is taking over the streets of Hollywood

By Solé Scott
Editor in Chief

People need to stop abusing the usage of Ozempic or else they will set their bodies up for failure.

"Oh, oh, oh Ozempic" is the song that has been ingrained to my brain since I was a tot.

Stars, such as the Kardashians and the Jenners, Kelly Osbourne, Sharon Osbourne, Oprah Winfrey, Elon Musk, Tracy Morgan and Amy Schumer to name a few have either confessed to being on the drug or are rumored to be.

This list goes on and on, yet most do not reveal their usage of the drug. Instead, everyone films themselves in the gym sitting down or walking on the treadmill without a trace of sweat.

This is another ploy that grinds my gears with celebrities.

They are aware of their influence but rely on lying to the public for some odd reason.

The most shocking celebrity to divulge in this dangerous trend is none other than Oprah Winfrey.

Winfrey was the face of WeightWatchers and was a shareholder at the company for almost 10 years.

Winfrey left the company in 2024 after a conflict of interest after she used Ozempic to lose weight.

This imperative drug is becoming difficult to acquire due to rising prices and availability in stock.

As of this writing, Ozempic is closer to $970 and depending on insurance can cost as little as $25.

The manufacturer Novo Nordisk raised the price for Ozempic by 3.5% in 2024 and by another 3.5% in January of this year.

What is not spoken about is the dangerous side effects such as gallbladder issues, loss of appetite, diarrhea, constipation and pancreatitis issues.

Sharon Osbourne shared her brutal experience with Ozempic.

"I can't put on any weight now, and I don't know what it's done to my metabolism, but I can't seem to put any on, because I think I went too far," Osbourne said.

Ozempic is now considered a quick way to lose pounds to fit society's beauty standards.

Most of these people do not need this resource to lose weight. These celebrities should work out multiple times a week if they want to be in shape.

Not only does Ozempic make people look gaunt but also ages them, especially celebrities who are in their 20's and 30's.

I am 1000% against the usage of the drug that is intended to combat Type 2 diabetes.

As the years go by, I can see more and more celebrities regretting their decision to intake Ozempic. By then it will be too late due to the irreversible damage it will cause their bodies.

Owls Decide: Would you rather watch Nickelodeon or Disney?

By Lexi White
Features Editor



"Nickelodeon because I feel like their stuff is funnier."
-Physics major Riley Barrett, a junior



"Disney because it was for the girls and I enjoyed watching it."
-Communications major Tari Greer, a senior



"Disney because I was obsessed with 'Hannah Montana.'"
-Communications major Keira Droney, a junior

PHOTOS | LILY RAND



"Nickelodeon because I liked their shows more than Disney's."
-Business administration major Ali Awadallah, a senior



"Disney because it was way more entertaining and had diversity."
-Psychology major Aaralyn Torreira, a senior



"Disney because they had shows everyone could watch."
-Business administration major Michael Virginelli, a junior