PHOTOS

Annual breast cancer awareness walk

Lily Rand
Photo Editor

On Oct. 20, the Residence Hall Association hosted the "RHA Breast Cancer Awareness Walk" to raise awareness about breast cancer and support those affected by the disease. Students gathered with community partners to honor survivors, remember loved ones and learn more about available resources related to breast cancer awareness and prevention. The event featured a guest speaker from Covering My Sisters, an organization dedicated to increasing education and awareness about breast cancer. Attendees also had the opportunity to connect with campus partners who provided informational resources and support services. Following the presentation, participants took part in an awareness walk across campus to demonstrate solidarity with those impacted by breast cancer.

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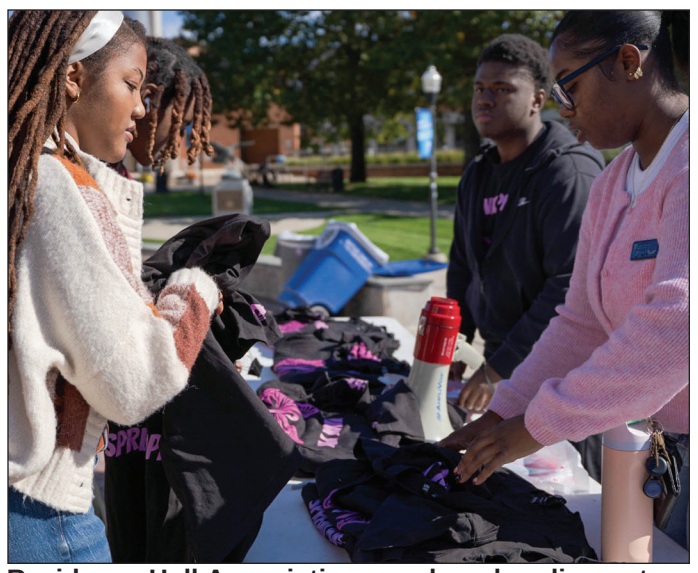
Photos: Mateusz Gazdzicki



Residence Hall Association members handing out T-shirts.



Covering My Sisters board member Michelle Clark-Dawson, junior board member Grace Penn and founder Grace Clark, standing for a photo.



Covering My Sisters setting up the banner for students to sign.



Students talking with Covering My Sisters members about information on breast cancer.



Students, faculty and Covering My Sisters members walking through the Academic Quad at the start of their walk.

Students blend their way to good wellness



Students grabbing healthy snacks at the event.



Programs Council members putting fruit, yogurt and other ingredients into blenders to make smoothies.

Lily Rand
Photo Editor

On Oct. 21, Programs Council hosted "Blend N' Boost," a wellness-focused event that gave students the opportunity to create their own smoothies while learning about healthy snack options. During the event, students selected from a variety of fruits and ingredients to customize their drinks. In addition to making smoothies, attendees enjoyed snacks including protein bars, trail mix and muffins while socializing with fellow students. The event encouraged students to take a break from their busy schedules and focus on nutrition and well-being in a relaxed environment. ProCon also held a raffle throughout the event, offering participants the chance to win several prizes, including a mini blender, a blender bottle, a massage gun and Beats headphones. Students gathered to enjoy refreshments, connect with friends and enter the prize drawing. The event combined healthy eating, student engagement and giveaways, creating an interactive experience for students.

Photos: Mateusz Gazdzicki



Programs Council members communication major Nasir Anderson, health science major Christie Cassamafor, juniors, and sport management major Chance Lewis, a sophomore, posing for a photo.



Programs Council member blending a smoothie for students to enjoy.



A blended fruit smoothie being poured into a cup.