



For all programs please register at ShermanLibrary.org/registration-dropdown or contact slprograms@biblio.org

Adult Programs

Great Hollow Art Show Invitational 2026: The Sherman Library is pleased to announce a group show featuring artists from the Ninth Annual Great Hollow Juried Painting and Photography Show 2026. The winners, honorable mentions, and committee members will share their love of nature through their depictions of wildlife and the beauty of the seasons. The show is on display at the library and at www.shermanlibrary.org through October 14, 2026.

Sherman Library Annual Members Meeting: Fri., October 2, 7:00pm at the Library. There will be a vote to elect Trustees and reports given by the Executive Director, President, Treasurer, and the chair of the Investment Committee. The meeting agenda, proxy, and FAQs are available at the Library or at shermanlibrary.org. To attend, please register online at shermanlibrary.org by 7pm on Tues., Sept. 29.

The Music of Latin America with The Gerard-Hill Duo: September 25, 1:00pm. Join recognized musicians Charles Gerard and Jenny Hill for a concert that will feature pieces arranged and composed by Charley Gerard, author of *Salsa: The Rhythm of Latin Music*. *In person.*

The History of Libraries: September 26, 11:00am. Join us as local historian John Cilio takes attendees on a deep dive into the colorful history, key figures, and pivotal moments that transformed small, private collections into today's essential public institutions. We'll meet the visionaries, strange turning points, and cultural shifts that built the modern library. *In person.*

Classic Book Discussion Group: October 2, 11:00am. *Women in Love* by D.H. Lawrence, led by Bernie Kaplan. Copies of the book are available at the library. *In person.*

Knitting and Needlecraft Group: October 7, 10:00am. Join the Sherman Library for a monthly knitting/fiber crafts circle. Knitters, crocheters, and stitchers of all skill levels are welcome. *In person.*

They're Here! Spotted Lanternfly and Their Threat to our State: October 8, 6:00pm. Join the Library for an informative program presented by Tara Ewers of Great Hollow Nature Preserve. Learn to identify the different life stages, the threats it poses and measures to take. *In person.*

History of Mystery Book Discussion Group: October 8, 6:00pm. *A Study in Scarlet* by Arthur Conan Doyle. This group meets every other month. Copies of the book are available at the library. *In person.*

Gentle Yoga: October 9, 7:00pm. Join certified yoga instructor, Paul Jaehnig for a session of gentle yoga. *In person.*

Octoberfest Beer Tasting: October 15, 7:00pm. Join us as author and advanced cicerone Em Sauter, gives us a look at the history and culture of the world's biggest party, Octoberfest! Samples will be served. *Registration required at shermanlibrary.org. Participants must be 21 or older.* To register go to

Book Discussion Group: October 16, 7:30pm. *The Glassmaker* by Tracey Chevalier, led by Diana Bristol. Copies of the book are available at the library. *In person.*

Mahjong Club: Every Tuesday, 9:30am. All are welcome from beginners to experts. Socialize with other players as you increase your mahjong skills. Equipment is provided. *In person.*

Children's Programs

Storytime: Thursdays, 10:30-11:00am. Enjoy stories, songs, and movement activities with Miss Juliet at The Sherman Library. *Recommended for ages 0-4, older siblings welcome. Registration recommended.*

September Slime: Wed., September 30, 5:00pm. Join Sensory on Wheels at the library on to customize your own slime palette. Add your own colors, scents, and charms! *Registration required. Spots limited. Ages 10+*

The Magic of Dan Bowen Family Magic Show: Sat., October 3, 11:00am. "Stage Fright" is a family-friendly Halloween magic show. It is a fun, safe, interactive show that is sure to keep the kids (and adults) engaged, laughing, and entertained! The Halloween theme is playful, colorful, and fun - not frightening.

Fall Reading Challenge: Children aged 10-18 are invited throughout the months of September and October to stop by the library to grab a special bookmark which will serve as their book log. Once completed (10 books read and logged), the reader will present their bookmark at the library to get a prize and a raffle ticket to win a \$15 Starbucks gift card! *Registration required.*

What's Happening At The Sherman JCC

• Sun., Sept. 27, 1:00pm - Sunday Speaker Series: CT Heroes with Gerard Monaghan

• Sat., Oct. 3, 7:00pm - Dinner & Music: Remember Warsaw

• Fri., Oct. 16, 7:00pm - Poetry Showcase: Season of The Witch

• Sat., Oct. 17, 7:00pm - The Funk Express

• Sun., Oct. 18, 10:00pm - Affirmation Card Deck Workshop with Amber Vlangas

• Sat., Oct. 24, 7:00pm - The Wonsey Jazz Trio

• Fri., Oct. 30, 7:00pm - Square Dancing with Jim Emory

Open Mic Night - Thursdays, 7:00pm

MahJongg - Fridays at noon

Song Swap - last Friday of the month, 7:00pm

Yoga with Paul - Saturdays, 9:30am *No Class 9/26

Yoga with Oliver - Fridays, 8:00am *No Class 9/25

All Levels Yoga with Megan - Wednesdays, 11:00am

Canasta - Wednesdays, 12:30pm

Please visit our website & sign up for our newsletter to stay updated on all of our events & to purchase your tickets ~ www.JCCinSherman.org

The JCC in Sherman has been a gathering place for the local communities in the Candlewood Lake area and nearby New York towns since 1994. The mission of the JCCS is to provide high quality educational, cultural, and social programs to Sherman, CT and the surrounding communities serving all people irrespective of age, race, or religion.

They're Here: Spotted Lanternfly and Their Threat to Our State Thurs., Oct. 8, 6pm

Join the Sherman Library for They're Here: Spotted Lanternfly and Their Threat to Our State, an informative program presented on Thurs., October 8 at 6:00pm by Tara Ewers of Great Hollow Nature Preserve and Ecological Research Center.

The spotted lanternfly (lycorma delicatula) is one of our newest invasive species. First detected in Pennsylvania in 2014, this insect has now spread to 14 other states including Connecticut. During this presentation attendees will learn how to identify the spotted lanternfly during it's different life stages, the ecological threats the species poses, and the measures that can be taken to slow its spread.

Tara Ewers develops and leads Great Hollow Nature Preserve's year-round environmental education programming and is the director of the Great Hollow Eco-Discovery Camp. Tara has a B.A. in Art from Western Connecticut State University and an M.S. in Wildlife and Fisheries Biology from Clemson University. She also has a certificate in GIS Applications for Natural Resources from Clemson University and a certificate in Photojournalism and Documentary Photography from the International Center of Photography in New York City.

This program is free and is offered by the Sherman Library. Register online at shermanlibrary.org/registration-dropdown or contact slprograms@biblio.org.



Mature Lifestyle / Sherman Senior Center

Our drivers can pick you up at your home and drop you off. Call for details!

Programs and Events Sept. 25- Oct. 2, 2026 (RSVP required!)

Cornhole: Fri., Sept. 25, 11:15am. Everybody loves it!

Painting with Bethe: Monday, September 28, 10:30am. Bethe Bogues leads you in creating your own "work of art!"

Bingo and Live Music: Tuesday, September 29, 12pm. Win prizes and tap your toes to music from Unbroken Glass!

Boomwhackers: Thursday, October 1, 12pm. Al Burgasses, A.K.A "Mr. Music," leads this fun and unusual class where you will make music with tubes tuned to different chords. Try it!

Tech Savvy Seniors: Friday, October 2, 11:30am. Topic: Downloading music and movies. Lindsey Burke leads the class and then takes individual tech appointments. Call ahead to schedule one!

Hearing Screening: Friday, October 2, 1pm. Make an appointment to get your hearing tested with Anthony Malafronte of Hearing Life.

Save the Date

Sherman Senior Center Flu Clinic: Monday, October 5, 11am -1pm. Flu and Covid shots available. Please bring copies of your Insurance/Medicare card and your Prescription Card. There will also be a form to fill out.

Birthday Party: Wednesday, October 7, 12pm. Celebrate our October birthdays! We'll have cake.

Talk: The Aging Brain: Thursday, October 8, 12pm. Join Dr. Kolowz from Candlewood Rehabilitation and Health Care Center for this interesting program.

Wii Bowling: Friday, October 9, 11:15am. Wii Bowling combines skill and exercise. Come try it out!

Housatonic Probate Judge Martin Landgrebe: Friday, October 9, 1pm. Our local Probate Judge will be available for consultation on probate issues. *Please make an appointment.*

AARP Safe Driving Class: Friday, October 23, 9am. The instructor will address issues facing older drivers and will include local driving conditions in the presentation. If you are 62 or older, you may qualify for a discount on your insurance. Registration fee is \$20 for AARP members and \$25 for non-AARP members. *Sign up early for a spot!*

Weekly Shopping

Shoprite: Monday, September 28. Call for time.**

New Milford Shopping: Wed., September 30. Call for time.**

Sherman Grocery Shopping, Banking and More: Thursdays, 1pm. Call to sign-up to go to Sherman businesses. **

****Transportation Provided**

Health & Wellness

Walking Group: M-W-F at 9am at the Sherman Track.

Exercise Club: Tuesdays at 11am focusing on balance and flexibility. Free **

Chair Yoga: Thursdays at 11am. Join Paul Jaehnig with full body stretching. Free **

Tai Chi: Fridays at 10:30am. This is a casual video class appropriate for seniors. Free **

Nutrition

Senior Dine Breakfast at American Pie: 9:30am. Initial sign-up paperwork required. Meals cost \$4 Mondays & Tuesdays. *RSVP at least a couple of days prior.* **

Senior Café Luncheon: 12pm. Enjoy a hot lunch with your friends, every Wednesday at the Senior Center. Initial sign-up paperwork required. Meals cost \$3. *RSVP at least a week prior* **

Card Games

Pinochle Club: Mondays & Wednesdays, 1-3pm. Walk-ins welcomed.

Bridge Club: Thursdays 1-3pm. Walk-ins welcomed.

Email List: If you would like to be added to our list, please email us SeniorCenter@ShermanCT.gov **RSVP for Programs:** 860-354-2414 Ext 1 or SeniorCenter@ShermanCT.gov

The Sherman Senior Center remains committed in servicing the senior community and is available to respond to their interests, ideas and concerns.

The Sherman Senior Center operates under the direction of the Office of the First Selectman. The center offers a variety of programs, activities and trips, both educational and recreational, to Sherman residents 55 years and older.

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