

THE THREE TYPES OF AI. Photo via Viso.ai

The Benefits of Using Generative AI

Elayna Dec
Staff Writer

Although there are negatives that come with the use of AI, there are still many benefits to be considered. AI has become a regular part of everyday life, and many use AI everyday without realizing it. When we use voice assistance like Siri or Alexa to answer questions or play music.

When using a GPS to find the fastest route, to get from one location to the next, and to get live traffic updates. Even when scrolling on popular social media platforms, AI is being used to recommend videos. Other benefits consist of increased efficiency and productivity, data analysis, and enhanced decision making. AI can turn tasks like analyzing data from taking hours or days into just a few minutes. AI helps many businesses manage schedules, talk to customers, and use data to make decisions.

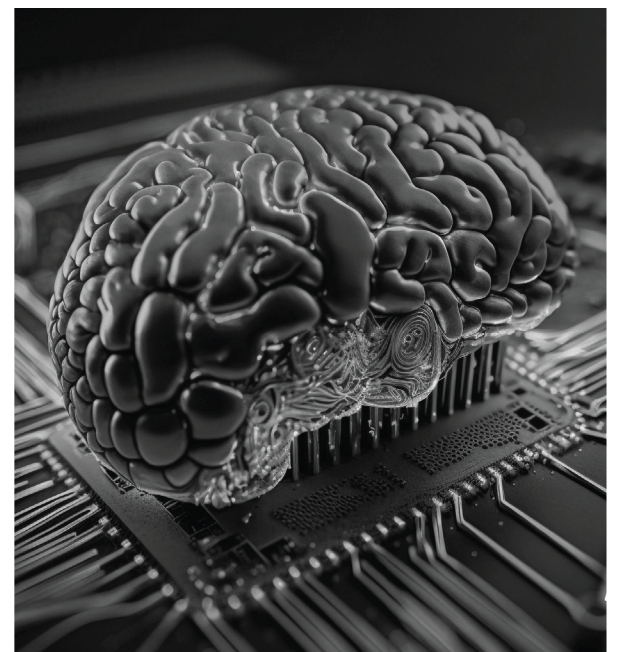
AI also plays a large role in healthcare, scanning images and giving results, designing prosthetic devices, and predicting health risks. This allows professionals to focus on more creative and critical assignments instead of mundane and repetitive

tasks. AI also plays a large part in the education system. A study from CollegeBoard shows that young adults make up 74% of those who use AI, with 50% to 85% of students reporting that they used AI for school work in 2025. One of the most significant benefits for students is their ability to use AI to help study for tests, quizzes, and exams. Students give prompts to a chatbot to make study sheets, give vocab definitions, and shorten readings into a few sentences. For example, some students may use AI to break down key events in a reading passage for their history class, saving time and making the content easy to understand.

Other students may use AI to make practice questions for an upcoming math quiz. These tools allow students to save time and focus on the most important tasks they need to complete.

Additionally, AI can help those with different learning styles. Visual learners can use AI to make diagrams and images to help them better understand topics and information, while auditory learners can use AI text to speech to listen to readings instead of reading them. This helps students feel more confident

Though there are concerns over how AI can be harmful when misused, the benefits show that when AI is used responsibly it can help in many ways. From simplifying everyday tasks, to supporting education and innovation. AI continues to shape the way people live, work, and learn.



WHAT IS ARTIFICIAL INTELLIGENCE (AI) and Why People Should Learn About it. Image via University of Central Florida