



**SNOW** covered road in downtown Stamford.  
Photo via Stamford Advocate

## Pros and Cons of Winter

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Living in Connecticut, many people debate the kind of winters we experience each year. Some look forward to the snowy months, while others dread the freezing temperatures and early sunsets. As winter approaches, many residents prepare for it in different ways. Some hope for a major snowstorm so school will be canceled, while others count down the days until warmer weather returns.

For many students, a snow day is considered a miracle that has been answered. Some jokingly throw ice down their toilets, praying that school will be canceled, while others frantically watch the news in hopes of a day off. Snow days are what bring a community closer together.

They let students enjoy their day off without the stress of school being in the way. Students spend these days relaxing, baking with their families, or even doing winter-related activities such as ice skating or sledding.

“Snow days are what make *my* day. I hope it snows every day.” Taskia Chowdhury (‘26) said. For teachers, they offer time off to catch up on their personal lives during the work week.

Whenever we have harsh snowstorms, many residents take advantage of the weather and participate in winter activities such as sledding. At the E. Graynor Brennan Golf Course, you will spot many people sledding down the hilly golf course with their makeshift sleds. This golf course has become a winter tradition for many local families, making it an ideal gather-

ing place. This is one of the few things that makes winter enjoyable.

On the days it doesn’t snow but is very cold, ice skating is a popular activity that many enjoy. Every winter, the Mill River Park in downtown Stamford opens its popular ice rink, which is favored by all. People can purchase rental ice skates and penguin trainers at a cheap cost, which makes it accessible to those who are interested in skating. After a nice afternoon, customers can purchase hot chocolate and seasonal foods at the Snack Box for a small price.

However, a lot of people disagree that winter is their favorite season. One of the most common complaints is how short the days begin to feel. When Daylight Saving Time ends in November, clocks are set back an hour, and the sun begins to set before 5 P.M.

The afternoons start to get darker earlier, and the day feels much shorter. Issues like these can take a toll on people’s moods during the winter. Walking out from practice at 4:30 P.M. into complete darkness can make the day feel as if it has been completed, even though there are many hours left in the day. For some people, the limited sunlight can contribute to seasonal depression, making winter feel isolating rather than relaxing.

“Sometimes I catch myself reminiscing about the days in May when the sun doesn’t set till 8 P.M. during the horrors of cold December.” Alexa Pineda Fuentes(‘26) said. Students like Alexa dislike

Daylight Saving Time and would enjoy days that feel longer.

Lately, our winters have been very cold, with some days dropping into the negatives during active hours, such as at 7 A.M. on school days. Unbearable temperatures like these are what demotivate people, such as students, from getting work done. Roads can be icy, and cars may stop working due to the rough conditions we experience, which makes things much more difficult for people who have to commute to work or school.

Living in the Northeast, winters can be a blessing to some, while others might hate how cold it can get. Yet, winter is what makes Connecticut special because it offers many new experiences for people to explore and creates a sense of community that others can relate to. and would enjoy days that feel longer.



**SNOWMAN** clipart.  
Image via Pngtree.